

**CNN Home Delivered  
Meal Program  
1700 Newton Place  
Morris, IL 60450**

*Patty Strahan Nutrition Director*

**December 2024**

*Days: Mondays-Fridays  
Times: 8:00am-3:00 pm  
Phone: (815)941-1590*



**Community Nutrition Network  
& Senior Services Association**

This menu is approved for use by Georgis title III C  
Nutrition Sites. K. Leicht, RD LDN MBA



Funding in part is  
provided by Age Guide  
and United Way of  
Grundy County



If you have any questions or  
problems please call our office at  
**1-815-941-1590.**

Monday	Tuesday	Wednesday	Thursday	Friday
2. BAVARIAN STYLE BRATWURST DICED PARSLIED POTATOES CARROTS RYE BREAD FRESH MELON Milk or juice	3. CHICKEN CHARDONNAY MASHED POTATOES BROCCOLI MULTI GRAIN BREAD FRESH ORANGE CHOCOLATE PUDDING Milk or juice	4. TEXAS CHILI MAC & CHEESE COUNTRY BLEND VEGETABLE MULTI GRAIN BREAD FRUIT CUP Milk or juice	5. VEAL MARSALA SCALLOPED POTATOES STEWED TOMATOES MULTI GRAIN BREAD CHILLED PEARS Milk or juice	6. BAKED POLLOCK PICCATA BAKED POTATO CALIFORNIA BLEND WHEAT BREAD LEMON MANDARIN PUDDING Milk or juice
9. SLOW ROASTED BEEF/GRAVY MASHED POTATOES BRUSSELS SPROUTS MULTI GRAIN BREAD CHILLED PEARS COOKIE Milk or juice	10. TURKEY POT ROAST/GRAVY BAKED POTATO PEAS & CARROTS MULTI GRAIN BREAD CHEF'S FRUIT Milk or juice	11.SPAGHETTI & MEATBALL MARINARA BROCCOLI WHEAT VIENNA CHILLED PEACHES Milk or juice	12. CHICKEN TENDERS IN COUNTRY CHICKEN GRAVY, BREAD STUFFING, SWEET POTATO MASHED NORTHERN BEAN & TOMATO MEDLEY APPLE Milk or juice	13. <b>Office is Closed for staff retreat</b>
16.BAKED MEATLOAF W/ COUN- TRY GRAVY CAULIFLOWER MASHED POTATOES MIXED VEGETABLES WHOLE WHEAT ROLL PINEAPPLE TID BITS Milk or juice	17. BBQ PULLED PORK CARROT RAISIN SALAD WHEAT SANDWICH BUN WARM APPLE CRUMBLE Milk or Juice	18.MISO GLAZED CHICKEN THIGH SCALLOPED POTATOES BAKED BEAN CASSEROLE WHEAT BREAD FRUIT JELLO Milk or juice	19. CHEESE OMELETTE HASH BROWNED POTATOES WHOLE WHEAT BISCUIT APPLE JUICE, FRUIT YOGURT FRESH ORANGE Milk or juice	20.SWEDISH MEATBALLS/GRAVY MASHED POTATOES, BROCCOLI, MULTI GRAIN BREAD FRESH MELON Milk or juice
23. BAKED HAM,CRAN RAISIN SAUCE ROASTED DICED POTATOES MIXED VEGETABLES RYE BREAD PIE Milk or Juice	24. <b>Office Closed Merry Christmas!</b>	25. <b>Office Closed Happy Holidays!</b>	26. HOT DOG OVEN FRIES BEAN CASSEROLE WHEAT HOT DOG BUN BANANA Milk or juice	27. CLASSIC LASAGNA W/ MEAT SAUCE BROCCOLI CHEF'S CHOICE VEGETABLE WHEAT BREAD OATMEAL RAISIN COOKIE Milk or juice
30. ROAST TURKEY & GRAVY BAKED SWEET POTATOES MIXED VEGETABLES BREAD STUFFING CHEF'S FRUIT Milk or juice	31. <b>Office Closed Happy New Year!</b>	<b>Office Closed Happy New Year!</b>	  	

**Menu subject to change due to availability of items.** For your safety, if you cannot eat all of your meal or if you are not ready to eat your meal when it is delivered: REFRIGERATE IT RIGHT AWAY!! Do not leave it sitting out!!! Remove meal from the freezer and follow the cooking instructions provided. If it has been refrigerated, it will not take as long. This menu is subject to change.

Community Nutrition Network, Inc. does not discriminate in admission to programs or treatment of the employment in the programs or activities in the compliance with the Illinois Human Rights Act; the U.S. Civil Rights Act; Section 504 of the Rehabilitation Act; the Age Discrimination in Employment Act; and the U.S. and Illinois Constitutions. If you feel you have been discriminated against, you have the right to file a complaint with the Illinois Department of Aging. For information, call 1-800-252-8966 [voice & TDD] or contact the Director of Personnel at [312] 207-5444.

All meals are \$4.75 unless  
otherwise marked.

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### **Meal Heating Instructions**

**Conventional Oven:**

From frozen, heat in a pre-heated 350 Degree oven for 20-30 minutes or until heated through.

**Microwave Oven:**

Take meal and heat 3-7 minutes depending on your microwave. No need to poke a hole.

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