





Monday	Tuesday	Wednesday	Thursday	Friday
		1. Closed 	2. Jigsaw Puzzles 	3. Scrabble 
6.	7. Monopoly 	8.	9. CRAFT DAY Canvas Painting 	10.
13. Checkers 	14.	15.	16. MOVIE DAY THE WIZARD OF OZ 	17.
20. Closed 	21.	22. Uno 	23.	24. Yahtzee 
27.	28. BINGO BASH \$5.00 RSVP by 1/22 	29.	30. Stress Free Coloring 	31.

Menu subject to change due to availability of items. Funding in part is provided by Age Options.

Donation

Funds, in whole or in part, for this publication, were provided through Age Options, and Northeastern Illinois Area Agency on Aging under Title III of the Older Americans Act as administration on Aging. Community Nutrition Network does not discriminate in admission to programs or treatment of employment in programs or activities in compliance with the Illinois Human Rights Act; the Age Discrimination Act; the Age Discrimination in Employment Act and the U.S. and Illinois Constitutions. If you feel you have been discriminated against you have the right to file a complaint. For information, 1-800-252-8966 (voice & TDD) or contact the Director of Personnel at (312)-207-5290



Monday	Tuesday	Wednesday	Thursday	Friday
<p>For your safety, if you cannot eat all of your meal or if you are not ready to eat your meal, REFRIGERATE IT RIGHT AWAY! Do not leave it sitting out. Please be safe. Each meal served with fat free or skim milk</p>		<p>1. Closed</p> 	<p>2. Chef's Turkey Salad Mixed Greens & Tomato Tri Bean Salad Wheat Crackers Chef's Choice Fruit</p>	<p>3. Shaved Turkey Sandwich Lettuce & Tomato Garnish Potato Salad Wheat Bread Diced Melon</p>
<p>6. Hot Roast Beef Mashed Potatoes w/Gravy Peas & Carrots Wheat Bread Fresh Orange</p>	<p>7. BBQ Riblet Oven Fries Black Beans & Corn Wheat Sandwich Bun Whole Apple</p>	<p>8. Roast Turkey w/Cheddar Ale Sauce Vegetable Rice Pilaf Broccoli Biscuit Chef's Fruit, Oatmeal Raisin Cookie</p>	<p>9. Turkey Trio & Provolone Sub w/Wheat French Roll Split Pea Soup Tossed Garden Salad Cottage Cheese, Banana \$3.00</p>	<p>10. Chicken Breast Parmesan Penne Pasta w/Marinara Squash Medley Wheat Vienna Bread Chilled Peaches</p>
<p>13. Bavarian Bratwurst Diced Parslied Potatoes Carrots Rye Bread Fresh Melon</p>	<p>14. Chicago Style Hot Dog Wheat Hot Dog Bun Tomato Lentil Soup Tossed Garden Salad Cottage Cheese Chocolate Pudding \$3.00</p>	<p>15. Texas Chili Mac & Cheese Country Blend Vegetables Multigrain Bread Fruit Cup</p>	<p>16. Stuffed Cabbage Roll Whole Wheat Roll Minnesota Wild Rice Soup Tossed Garden Salad Cottage Cheese Chilled Pears \$3.00</p>	<p>17. Pastrami & Cheese Lettuce & Tomato Garnish Carrot Raisin Salad Rye Bread Mandarin Oranges</p>
<p>20. Closed</p> 	<p>21. Turkey Pot Roast w/Gravy Baked Potato Peas & Carrots Multigrain Bread Chef's Fruit Banana</p>	<p>22. Chicken Tender Poor Boy w/Pesto Aioli, Whole Wheat French Roll, Cheddar Corn Chowder Soup, Tossed Garden Salad, Cottage Cheese Pineapple Tidbits \$3.00</p>	<p>23. Chicken Tenders in Country Chicken Gravy Bread Stuffing Mashed Sweet Potatoes Northern Bean & Tomato Medley, Apple, Pea Salad</p>	<p>24. BLT Chicken Salad Sandwich Lettuce & Tomato Garnish Potato Salad Whole Wheat Bread Fruit Cup</p>
<p>27. Tuna Salad Sandwich Lettuce & Tomato Garnish Pea Salad Wheat Bread Chilled Pears</p>	<p>28. BBQ Pulled Pork Oven Fries Carrot Raisin Salad Wheat Sandwich Bun Warm Apple Crumble</p>	<p>29. Miso Glazed Chicken Thigh Scalloped Potatoes Baked Bean Casserole Wheat Bread Fruit Jello</p>	<p>30. Bacon & Spinach Quiche Whole Wheat Roll Vegetable Gumbo Soup Tossed Garden Salad Cottage Cheese Fruit Yogurt \$3.00</p>	<p>31. Swedish Meatballs w/Gravy Mashed Potatoes Broccoli Multigrain Bread Fresh Melon</p> <p>Donation \$2.50 per meal</p>