

**CNN Saratoga Towers
Meal Program
1700 Newton Place
Morris, IL 60450
Phone: (815)941-1590**

Community Nutrition Network & Senior Services Association



January 2025

Patty Strahan Nutrition Director











This menu is approved for use by Georgis title IIC
Nutrition Sites. K. Leicht, RD LDN MBA



Funding in part is provided by
Age Guide and United Way of
Grundy County



If you have any questions or problems
please call our office at 1-815-941-1590.

<p>Monday</p>  <p>Happy New Year!</p>	<p>Tuesday</p> <p>Closed for New Years Eve</p> <div style="border: 1px solid blue; padding: 5px; margin-top: 10px;"> <p>We welcome Mary Jo to our program. She will now be cooking at Saratoga Towers on Monday, Tuesday, Thursday and Friday.</p> </div>	<p>Wednesday</p> <p>1. Closed for New Years Day!</p>	<p>Thursday</p> <p>2.Chopped Steak w/grilled Onions, Mashed Potatoes w/gravy Broccoli, Tossed Salad, Fruit, Rolls & Butter, Milk Lunch 11:00 Suggested Donation \$5.00</p>	<p>Friday</p> <p>3. Ham & Bean Vegetable Soup, Tossed Salad, Corn Bread, Fruit, Dessert, Milk Lunch 11:00 Bingo to Follow Suggested Donation \$5.00</p> 
<p>6.Roast Turkey & Dressing, Mashed, Potatoes & Gravy, Green Beans, Rolls & Butter, Fruit, Milk Lunch 11:00 Suggested Donation \$5.00</p>	<p>7.Beef Stroganoff on Buttered Noodles, Tossed Salad, Mixed Vegetables, Rolls & Butter, Fruit, Milk Lunch 11:00 Suggested Donation \$5.00</p>	<p>8. New Years Party Herb Roasted Chicken Thyme Roasted Potatoes, Green Beans, Rolls & Butter, Tossed Salad, Fruit, Dessert, Milk Lunch 11:00 Bingo to Follow Catered by Upper Crust Suggested Donation \$8.00</p> 	<p>9.Breaded Pork Tenderloin, Chips, Baked Beans, Mixed Vegeta- bles, Rolls & Butter, Fruit, Milk Lunch 11:00 Suggested Donation \$5.00</p>	<p>10.Meatball Sandwich, Spaghetti Mari- nara, Tossed Salad, Mixed Vegetables, Fruit, Dessert, Milk Lunch 11:00 Bingo to Follow Suggested Donation \$5.00</p> 
<p>13.Cabbage Rolls, Mashed Potatoes, Tossed Salad, Rolls & Butter, Fruit, Milk Lunch 11:00 Suggested Donation \$5.00</p>	<p>14. Chicken Broccoli Casserole w/noodles, Tossed Salad, Rolls & Butter, Fruit, Milk Lunch 11:00 Suggested Donation \$5.00</p>	<p>15. Beef Burgers w/onion, lettuce, tomato & Cheese, Lyonnais Potatoes, Corn, Tossed Salad, Fruit, Dessert, Milk Lunch 11:00 Bingo to Follow Catered by Upper Crust Suggested Donation \$8.00</p> 	<p>16.Chicken Fajitas w/ Onion & Pep- pers, Flour Tortillas, Spanish Rice & Beans, Tossed Salad, Fruit, Milk Lunch 11:00 Suggested Donation \$5.00</p>	<p>17. Traditional Sloppy Joes on Bun, Baked Beans, Potato Salad, Tossed Salad, Fruit, Milk, Dessert Lunch 11:00 Suggested Donation \$5.00</p> 
<p>20. Closed For Martin Luther King Day.</p>	<p>21. Roast Pork & Stuffing, Mashed Potatoes & Gravy, Broccoli, Tossed Salad, Fruit, Milk Lunch 11:00 Suggested Donation \$5.00</p>	<p>22. Chicken a La King, Biscuit, Mixed Vegetables, Tossed Salad, Fruit, Dessert, Milk Lunch 11:00 Bingo to Follow Catered by Upper Crust Suggested Donation \$8.00</p> 	<p>23. Spaghetti & Meatballs W/ Marinara, Mixed Vegetables, Tossed Salad, Fruit, Rolls & Butter, Milk Lunch 11:00 Suggested Donation \$5.00</p>	<p>24. Pot Luck, will include Entrée, Potatoes, Veggies, Rolls & Butter, Fruit, Dessert, Milk Lunch 11:00 Suggested Donation \$5.00</p> 
<p>27.Pulled Pork on Bun, Roast- ed Potatoes, Tossed Salad, Baked Beans, Fruit, Milk Lunch 11:00 Suggested Donation \$5.00</p>	<p>28.Yankee Pot Roast w/Carrots & Potatoes, Tossed Salad, Biscuits & Butter, Fruit, Milk Lunch 11:00 Suggested Donation \$5.00</p>	<p>29. Stuffed Peppers, Mashed Potatoes w/gravy, Tossed Salad, Rolls & Butter, Fruit, Dessert, Milk Lunch 11:00 Bingo to Follow Catered by Upper Crust Suggested Donation \$8.00</p> 	<p>30. Chicken Enchilada Bake, Black Beans, Spanish Rice, Tossed Salad, Fruit, Milk Lunch 11:00 Suggested Donation \$5.00</p>	<p>31. Monthly Birthday Party Loaded Baked Potato Bar w/cheese, Broccoli, Sour Cream, Crumbled Bacon, and Green Onion, Rolls & Butter, Baked Beans, Tossed Salad, Fruit, Dessert, Milk Lunch 11:00 Bingo to Follow Suggested Donation \$5.00</p> 

Menu subject to change due to availability of items. For your safety, if you cannot eat all of your meal or if you are not ready to eat your meal when it is delivered: REFRIGERATE IT RIGHT AWAY!! Do not leave it sitting out!!! Remove meal from the freezer and follow the cooking instructions provided. If it has been refrigerated, it will not take as long. This menu is subject to change.

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Community Nutrition Network, Inc. does not discriminate in admission to programs or treatment of the employment in the programs or activities in the compliance with the Illinois Human Rights Act; the U.S. Civil Rights Act; Section 504 of the Rehabilitation Act; the Age Discrimination in Employment Act; and the U.S. and Illinois Constitutions. If you feel you have been discriminated against, you have the right to file a complaint with the Illinois Department of Aging. For information, call 1-800-252-8966 [voice & TDD] or contact the Director of Personnel at [312] 207-5444.

All meals are \$5.00 unless
otherwise marked.