




Monday	Tuesday	Wednesday	Thursday	Friday
<p>For your safety, if you cannot eat all of your meal or if you are not ready to eat your meal, REFRIGERATE IT RIGHT AWAY!</p> <p>Do not leave it sitting out. Please be safe. Each meal served with fat-free or skim milk.</p>		<p>1</p> <p>CLOSED HAPPY HOLIDAYS!</p>	<p>2</p> <p>Chicken Vesuvio Mashed potatoes Cauliflower & red pepper Wheat bread Mandarin oranges Chef's choice veggie</p>	<p>3</p> <p>Citrus Alaskan Pollock Vegetable rice pilaf Country blend vegetable Multi grain dinner roll Chick pea salad Fresh melon</p>
<p>6</p> <p>Hot Roast Beef Mashed Potatoes /Gravy Peas & Carrots Wheat Bread Fresh Orange</p>	<p>7</p> <p>Bbq Riblet Oven fries Black beans & Corn Wheat sandwich bun Whole apple Chef's Choice Veggie</p>	<p>8</p> <p>Roast turkey/ cheddar ale sauce Vegetable rice pilaf Broccoli Biscuit Chef's fruit Oatmeal raisin cookie</p>	<p>9</p> <p>Western Eggs Hash browned potatoes Maple glazed pears Raisin bread Cranberry juice Banana</p>	<p>10</p> <p>Chicken breast parmesan Penne pasta Squash medley Wheat Vienna Chilled peaches</p>
<p>13</p> <p>Bavarian Bratwurst Diced Parslied Carrots Rye Bread Fresh Melon</p>	<p>14</p> <p>Chicken chardonnay Mashed potatoes Broccoli Multi Grain Bread Fresh Orange Chocolate Pudding</p>	<p>15</p> <p>Texas Chili Mac & Cheese Country Blend Veggie Multi Grain Bread Fruit Cup</p>	<p>16</p> <p>Veal Marsala Scalloped Potatoes Stewed Tomatoes Multi Grain Bread Chilled Pears Beet Salad</p>	<p>17</p> <p>Baked Pollock Piccata Baked Potato California Blend Wheat Bread Lemon Mandarin Pudding</p>
<p>20</p> 	<p>21</p> <p>Turkey Pot Roast/ Gravy Baked Potato Peas & Carrots Multi Grain Bread Chef's Fruit Banana</p>	<p>22</p> <p>Spaghetti & Meatball Marinara Broccoli Wheat Vienna Chilled Peaches</p>	<p>23</p> <p>Chicken Tenders /country gravy Bread stuffing Sweet potato mashed Bean & Tomato Medley Apple Pea Salad</p>	<p>24</p> <p>Surimi Crab Alfredo Penne Pasta Zucchini /Red Pepper & Onions Chef's Veggie Whole Wheat Roll Fruit Cup</p>
<p>27</p> <p>Baked Meatloaf w/ Gravy Cauliflower Mashed Potatoes Mixed Vegetables Whole Wheat Roll Pineapple Tid-Bits</p>	<p>28</p> <p>Bbq Pulled Pork Oven Fries Carrot Raisin Salad Wheat Sandwich Bun Warm Apple Crumble Chef's Choice</p>	<p>29</p> <p>Miso Glazed Chicken Thighs Scalloped Potatoes Baked Bean Casserole Wheat Bread Fruit Jello</p>	<p>30</p> <p>Cheese Omelette Hash Browned Potatoes Whole Wheat Biscuit Apple Juice Fruit Yogurt Fresh Orange</p>	<p>31</p> <p>Swedish Meatballs /Gravy Mashed Potatoes Broccoli Multi Grain Bread Fresh Melon</p>

Menu subject to change due to availability of items. Funding part is provided by AgeGuide

Suggested Lunch Donation: \$5.00