

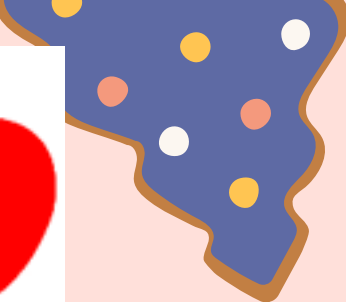


# Community Nutrition Network & Senior Services Association

## HOFFMAN HOUSE CATERING SENIOR NUTRITION PROGRAM

### WINTER 2024 - 2025 MENU

**LOW SODIUM MENU & DIABETIC** \* Indicates low sodium or diabetic substitute



PHOENIX  
HOME DELIVERED  
650 E Phoenix Center Drive  
Phoenix, IL 60426

Café Manager: Ingrid Moorehead  
(312) 909-0302  
Monday Through Friday  
8:00am to 2:00pm

# DECEMBER 2024

## Monday

## Tuesday

## Wednesday

## Thursday

## Friday

2 BAVARIAN BRATWURST  
DICED PARSLIED POTATOES  
CARROTS  
RYE BREAD  
FRESH MELON

3 CHICKEN CHARDONNAY  
MASHED POTATOES  
BROCCOLI  
MULTI GRAIN BREAD  
FRESH ORANGE  
CHOCOLATE PUDDING  
\*diabetic sub

4 TEXAS CHILI  
MAC & CHEESE  
COUNTRY BLEND VEGETABLE  
MULTI GRAIN BREAD  
FRUIT CUP

5 VEAL MARSALA  
SCALLOPED POTATOES  
STEWED TOMATOES  
MULTI GRAIN BREAD  
CHILLED PEARS  
BEET SALAD

6 BAKED POLLOCK PICCATA  
BAKED POTATO  
CALIFORNIA BLEND  
WHEAT BREAD  
LEMON MANDARIN PUDDING  
\*diabetic sub

9 SLOW ROASTED BEEF/GRAVY  
MASHED POTATOES  
BRUSSELS SPROUTS  
MULTI GRAIN BREAD  
CHILLED PEARS  
COOKIE  
\*diabetic sub

10 TURKEY POT ROAST/GRAVY  
BAKED POTATO  
PEAS & CARROTS  
MULTI GRAIN BREAD  
CHEF'S FRUIT  
BANANA

11 SPAGHETTI &  
MEATBALL MARINARA  
BROCCOLI  
WHEAT VIENNA  
CHILLED PEACHES  
\*meatsauce

12 CHICKEN TENDERS IN  
COUNTRY CHICKEN GRAVY  
BREAD STUFFING  
SWEET POTATO MASHED  
NORTHERN BEAN & TOMATO  
MEDLEY  
APPLE  
PEA SALAD

13 SURIMI CRAB ALFREDO  
PENNE PASTA  
ZUCCHINI W RED PEPPERS & ONIONS  
CHEF'S CHOICE VEGETABLE  
MULTI-GRAIN DINNER ROLL  
FRUIT CUP

16 BAKED MEATLOAF W/  
COUNTRY GRAVY  
CAULIFLOWER MASHED  
POTATOES  
MIXED VEGETABLES  
WHOLE WHEAT ROLL  
PINEAPPLE TID BITS

17 BBQ PULLED PORK  
OVEN FRIES  
CARROT RAISIN SALAD  
WHEAT SANDWICH BUN  
WARM APPLE CRUMBLE  
CHEF'S CHOICE

18 MISO GLAZED CHICKEN THIGH  
SCALLOPED POTATOES  
BAKED BEAN CASSEROLE  
WHEAT BREAD  
FRUIT JELLO  
\*diabetic sub

**BREAKFAST**  
19 CHEESE OMELETTE  
HASH BROWN POTATOES  
WHOLE WHEAT BISCUIT  
APPLE JUICE  
FRUIT YOGURT  
FRESH ORANGE

20 SWEDISH MEATBALL/GRAVY  
MASHED POTATOES  
BROCCOLI  
MULTI GRAIN BREAD  
FRESH MELON

**HOLIDAY MENU**  
23 BAKED HAM, CRAN RAISIN SAUCE  
BAKED POTATO  
MIXED VEGETABLES  
RYE BREAD  
DESSERT



**CLOSED**  
Christmas Eve

**CLOSED**  
Christmas Day



26 HOT DOG  
OVEN FRIES  
BEAN CASSEROLE  
WHEAT HOT DOG BUN  
BANANA/FRESH MELON

27 CLASSIC LASAGNA W/ MEAT  
SAUCE  
BROCCOLI  
CHEF'S CHOICE VEGETABLE  
WHEAT BREAD  
OATMEAL RAISIN COOKIE  
\*diabetic sub

30 ROAST TURKEY /GRAVY  
BAKED SWEET POTATOES  
MIXED VEGETABLES  
BREAD STUFFING  
CHEF'S FRUIT

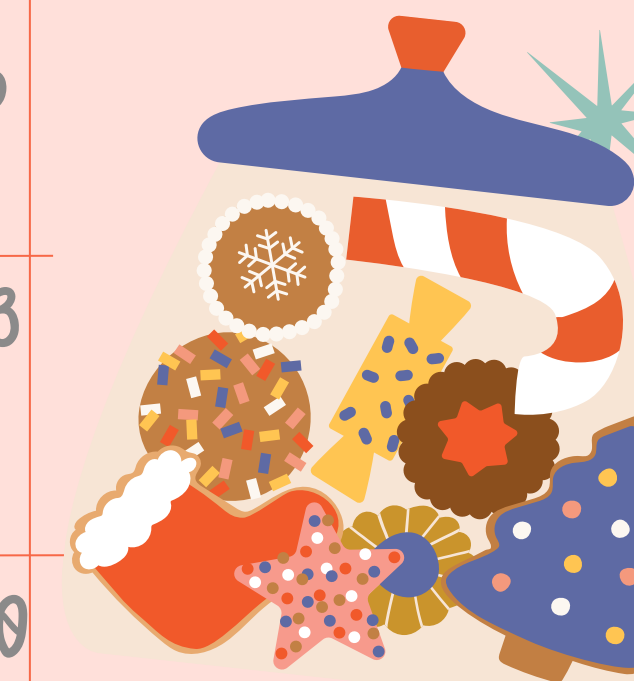


**CLOSED**  
NEW YEAR'S EVE

MENU SUBJECT TO CHANGE DUE TO AVAILABILITY OF ITEMS Donation \$3.25 Donation \$3.00

Each meal is served with fat free  
Funds, in whole or in part, for this publication were provided through Age Options and Northeastern Illinois Area Agency on Aging under Title III of the Older Americans act as administered through the Illinois Department on Aging and the Federal Administration on Aging. Community Nutrition Network does not discriminate in admission to programs or treatment of employment in programs or activities in compliance with the Illinois Human Rights Act, the U.S. Civil Rights Act, Section 504 of the Rehabilitation Act, the Age Discrimination Act, the Age Discrimination in Employment Act and the U.S. and Illinois Constitutions. If you feel you have been discriminated against, you have the right to file a complaint. For information, dial 1-800-252-8966 (voice & TDD) or contact the Director of Personnel at (312)207-5290

FOR YOUR SAFTY  
If you cannot eat your meal or if you are not ready to eat your meal when it is delivered, REFRIGERATE IT RIGHT AWAY Do not leave sitting out  
Each meal is served with fat free  
OR Low Fat Milk



PHOENIX  
HOME DELIVERED  
650 E Phoenix Center Drive  
Phoenix,IL 60426



Community Nutrition Network & Senior Services Association

Cafe' Hours: 10:00am - 12:00pm

HOFFMAN HOUSE CATERING SENIOR NUTRITION PROGRAM

WINTER 2024 - 2025

THE FRESH BAR

DECEMBER  
2024



Café Manager: Ingrid Moorehead

(312) 909-0302

Monday Through Friday

8:00am to 2:00pm

Monday

Tuesday

Wednesday

Thursday

Friday

2	<p>CHICAGO STYLE HOT DOG WHOLE WHEAT HOT DOG BUN TOMATO LENTIL SOUP TOSSED GARDEN SALAD COTTAGE CHEESE FRESH ORANGE VARIETY TOPPINGS MILK</p>	3	<p>ITALIAN BEEF'WHOLE WHEAT FRESH ROLL MINESTRONE SOUP TOSSED GARDENSALAD COTTAGE CHEESE, CHILLED PEACHES PEA SALAD VARIETY TOPPINGS MILK</p>	4	<p>STUFFED CABBAGE ROLL WHOLE WHEAT ROLL MINNESOTA WILD RICE SOUP TOSSED GARDEN SALAD COTTAGE CHEESE,CHILLED PEARS BEET SALAD VARIETY TOPPINGS MILK</p>	5		6
9	<p>MEATBALL MARINARA SUB SANDWICH WHOLE WHEAT FRENCH ROLL BEAN SOUP TOSSED GARDEN SALAD COTTAGE CHEESE,CHEF'S CHOICE CHESSE TORTILLI PASTA VARIETY TOPPINGS MILK</p>	10	<p>CHICKEN TENDER POOR BOY WHOLE WHEAT FRENCH ROLL CHEDDAR CORN CHOWDER SOUP TOSSED GARDEN SALAD COTTAGE CHEESE,PINEAPPLE COLESLAW VARIETY TOPPINGS MILK</p>	11	<p>DEVILED EGG SALAD WHOLE WHEAT FRENCH ROLL TOMATO FLORENTINE SOUP TOSSED GARDEN SALAD COTTAGE CHEESE,CRAN APPLE SAUCE PEA SALAD VARIETY TOPPINGS MILK</p>	12		13
16	<p>CHICKEN SALAD ON WHOLE WHEAT SANDWICH BUN SPLIT PEA SOUP TOSSED GARDEN SALADD COTTAGE CHEESE, SLICED PEACHES CARROT RAISIN SALAD VARIETY TOPPINGS MILK</p>	17	<p>TURKEY CHHEDDAR SANDWICH WHOLE WHEAT SANDWICH BUN CREAM OF CALIFLOWER SOUP TOSSED GARDEN SALAD COTTAGE CHEESE, FRUIT JELLO POTATO SALAD VARIETY TOPPINGS MILK</p>	18	<p>BACON /SPINACH QUICHE WHOLE WHEAT ROLL VEGETABLE GUMBO SOUP TOSSED GARDEN SALAD COTTAGE CHEESE,FRUIT YOGURT ORANGE SMILES VARIETY TOPPINGS MILK</p>	19		20
23		24	<p><b>CLOSED</b> Christmas Day</p>		25		26	27
30		31	<p><b>CLOSED</b> NEWYARESEVE</p>		26	<p>CHICAGO STYLE HOT DOG WHOLE WHEAT HOT DOG BUN VEGETABLE LENTIL SOUP TOSSED GARDEN SALAD COTTAGE CHEESE BANAN VARIETY TOPPINGS MILK</p>		

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