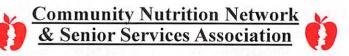
Schaumburg CNN Senior Café @ The Barn 231 S. Civic Drive Schaumburg, 60193

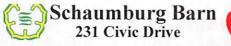
Days: Mondays-Fridays Times: 10:00am-2:00pm Phone: 847-524-7496



January 2025

CNN Café Manager: Caitlin Wilson Senior Services Coordinator: Marina Lvovich

Monday	Tuesday	Wednesday	Thursday	Friday
Lunch Served at Noon Registration Begins Friday December 20th *Food Orders are Placed Every Monday for the Following Week* Following Week* For your safety, if you cannot ear all of your meal or if you are not ready to eat your meal, REFRIGERATE IT RIGHT AWAY! Do not leave it sitting out. Please be safe. Each meal served with fat free or low fat milk.		1. Barn Closed!	Chicken Vesuvio Mashed Potatoes Cauliflower & Red Peppers Wheat Bread Mandarin Oranges Chef's Choice	Citrus Alaskan Pollack Vegetable Rice Pilaf Country Blend Vegetable Multi Grain Dinner Roll Chick Peas Salad Fresh Melon
6. Nana's Hot Dog's \$6.00 Chicken Sandwich Cheddar Broccoli Soup Chips Fruit	7. FRESH BAR \$4.50 BLT Chicken Salad Sandwich Wheat Sandwich Bun Cream of Potato Soup, Tossed Garden Salad, Cottage Cheese, Whole Apple Tri Bean Salad	8. Roast Turkey w/ Cheddar Ale Sauce Vegetable Rice Pilaf Broccoli Biscuit Chef's Fruit Oatmeal Raisin Cookie	Western Eggs Hash Browned Potatoes Maple Glazed Pears Raisin Bread Banana Cranberry Juice	10. Chicken Breast Parmesan Penne Pasta w/ Marinara Squash Medley Wheat Vienna Chilled Peaches
13. Pilot Pete's \$6.00 Beef Pot Roast Mashed Potatoes Garden Salad Dessert Fruit	14. FRESH BAR \$4.50 Chicago Style Hot Dog Whole Wheat Hot Dog Bun Tomato Lentil Soup, Tossed Garden Salad, Cottage Cheese, Chocolate Pudding	Texas Chili Mac & Cheese Country Blend Vegetables Multi Grain Bread Fruit Cup	16. Veal Marsala Scalloped Potatoes Stewed Tomatoes Multi Grain Bread Chilled Pears Beet Salad	Brandy's \$6.00 Gyro Coleslaw Chips Fruit
Barn Closed! Martin Luther King Jr Day!	21. FRESH BAR \$4.50 Meatball Marinara Sub Wheat Sandwich Bun Bean Soup, Tossed Garden Salad, Cottage Cheese, Chef's Choice, Cheese Tortellini Pasta	Spaghetti & Meatball Marinara Broccoli Wheat Vienna Chilled Peaches	23. Chicken Tenders in Country Chicken Gravy Bread Stuffing Mashed Sweet Potatoes Northern Bean & Tomato Medley Pea Salad, Apple	24. Alden Poplar Creek \$4.00 Chicken Egg Drop Soup Thai Coleslaw Beef and Broccoli Stir Fry Rice Sugar Cookie
27. Fortune House \$6.00 Sesame Chicken Fried Rice Egg Roll Fortune Cookie Fruit Menu subject to change due to availal	28. FRESH BAR \$4.50 Chicken Salad on Wheat Sandwich Bun Split Pea Soup, Tossed Garden Salad, Cottage Cheese, Sliced Peaches Carrot Raisin Salad	Miso Glazed Chicken Thigh Scalloped Potatoes Baked Bean Casserole Wheat Bread Fruit Jell-O d by Age Options. Suggested Donation	Cheese Omelette Hash Browned Potatoes Whole Wheat Biscuit Apple Juice Fresh Yogurt Fresh Orange	Mendy's \$6.00 Chili Baked Potato Crackers Chocolate Frosty Fruit





January 2025 - Calendar CNN Café Manager: Caitlin Wilson Senior Services Coordinator: Marina Lvovich (847)524-7496

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Online Registration for meals and activities can be accessed at www.myactivecenter.com Newcomers need to register in person to receive a keytag before online registration can begin. PAYMENTS will continue to be made in-person until further notice. Registration for meals and activities can continue in-person or via phone at 847-524-7496 as prior. Trips and special event registration will continue in person with payment due at sign-up until further notice.		Barn Closed for New Years Day	10:30 AM Canvas Painting	3. 10:30 AM Wii Bowling Game	Transportation Options Senior Bus: 847.882.1929 Pace Bus: 847.352.8097
6. Restaurant Day Lunch 10 AM Wellness Clinic 11:30 AM Public Safety Presentation	7. Salad Bar Lunch 10:30 AM Bunco	8. 10-10:30 AM Zumba with Josi 10:30 AM Crochet Group	"BINGO BANANZA" \$1 Lunch \$1 Bingo Cards or 6/\$5 Special Banana Treats	10. 11:15 AM Presentation OASIS with sweet treats	Social Saturday Catered from Sweet Orange Pancakes and Café Menu: Scrambled Eggs, Hashbrowns, Two Bacon Strips, Sausage Link, and Two Pancakes Activities: Games, Bingo, and Raffles. Sponsored by the Rotary Club of Schaumburg and Hoffman Estates \$5.00 Suggested Donation
Restaurant Day Lunch Market day 1:30-3:00 PM (limited supplies	Salad Bar Lunch 11:30 AM Balloon Volleyball	15. 10:30-11 AM Chair Yoga with Laura	16. 10:30 AM Under the Blanket	Restaurant Day Lunch 10:00 AM Tech Corner	
Barn Closed for Martin Luther King Jr Day	Salad Bar Lunch 10:30 AM LRC 1:45 PM Senior Advisory Council Meeting	22. 10-10:30 AM Zumba with Josi 10:30 AM Crochet Group	23. 10 –11AM 5 minute Chair Massage with Jennifer (massage by lottery on day of) 10:30 AM 31 Card Game	24. Alden Poplar Creek Luncheon \$4.00	Iunches begins on Friday, December 20 In order to participate in any Barn activities you must be signed up for lunch. Visit the Barn
Restaurant Day Lunch Market Day 1:30-3:00 PM (limited supplies)	Salad Bar Lunch 10:30 AM Pokeno Game	29. 10:30-11 AM Chair Yoga with Laura	10:30 AM Themed Brain Games	Restaurant Day 31. Lunch Fun in Flannel Party! Wear you favorite Flannel to enter to win a prize.	

Funds in whole or in part for this publication were provided through an award from Age Options under Title III of the Older American Act as administered through the Illinois Department on Aging and the Federal Administration on Aging Community Nutrition Network, Inc. does not discriminate in admission to programs or treatment of employment in programs or activities in compliance with the Illinois Humans Right Act, The U.S. Civil Rights Act, Section 504 of the Rehabilitation Act, The Age Discrimination in Employment Act, and The U. S. and Illinois Constitutions. If you feel you have been discriminated against, you have the right to file a complaint. For information, dial 1-800-252-8965 [Voice and TDD] or contact Williams Burns, Director of Personnel at 312-207-5290. We serve nutritious lunches to Schaumburg Township seniors and disabled friends for a voluntary donation. Monday's and Friday's (Restaurant Days) there is a suggested \$6 donation and Tuesday—Friday (non-Restaurant Days) \$4-4.50.