Park Tower Community Café 247 Caterpillar Drive Joliet, IL 60435 CNN Café Manager: Jennifer Delarosa



## January 2025

## Community Nutrition Network & Senior Services Association



Days: Monday Tuesday &

Friday

Times: 11:00 AM-12:00 PM

Phone: (815) 351-4639

| Monday  | Tuesday                | Wednesday                | Thursday              | Friday  |
|---|------------------------|--------------------------|-----------------------|---|
| For your safety, if you cannot eat all of your meal or if you are not ready to eat your meal, REFRIGERATE IT RIGHT AWAY!  Do not leave it sitting out. Please be safe. Each meal served with fat-free or skim milk. |                        | 1 CLOSED HAPPY HOLIDAYS! | Something Blue        | 3 Citrus Alaskan Pollock Vegetable rice pilaf Country blend vegetable Multi grain dinner roll Chick pea salad Fresh melon |
| Hot Roast Beef Mashed Potatoes /Gravy Peas & Carrots Wheat Bread Fresh Orange   | 7<br><u>Deli Menu</u>  | 8                        | 9——> Something Camo   | 10 Chicken breast parmesan Penne pasta Squash medley Wheat Vienna Chilled peaches   |
| 13 Bavarian Bratwurst Diced Parslied Carrots Rye Bread Fresh Melon  | 14<br><b>Deli Menu</b> | 15                       | 16——                  | 17 Baked Pollock Piccata Baked Potato California Blend Wheat Bread Lemon Mandarin Pudding                                 |
| Martin Luther King Jr. Day  | 21 <b>Deli Menu</b>    | 22                       | Favorite Scarf or Tie | 24 Surimi Crab Alfredo Penne Pasta Zucchini /Red Pepper & Onions Chef's Veggie Whole Wheat Roll Fruit Cup                 |
| 27 Baked Meatloaf w/ Gravy Cauliflower Mashed Potatoes Mixed Vegetables Whole Wheat Roll Pineapple Tid-Bits   | 28<br><b>Deli Menu</b> | 29                       | Something White       | 31 Swedish Meatballs /Gravy Mashed Potatoes Broccoli Multi Grain Bread Fresh Melon  |

Menu subject to change due to availability of items. Funding part is provided by AgeGuide

Suggested Lunch Donation: \$5.00