



Monday	Tuesday	Wednesday	Thursday	Friday
<p>For your safety, if you cannot eat all of your meal or if you are not ready to eat your meal, REFRIGERATE IT RIGHT AWAY!</p> <p>Do not leave it sitting out. Please be safe. Each meal served with fat-free or skim milk.</p>		<p>1</p> <p><b>CLOSED</b>  <b>HAPPY HOLIDAYS!</b></p>	<p>2</p> <p>Chicken Vesuvio                      Mashed potatoes                      Cauliflower &amp; red pepper                      Wheat bread                      Mandarin oranges                      Chef's choice veggie</p>	<p>3</p> <p>Citrus Alaskan Pollock                      Vegetable rice pilaf                      Country blend vegetable                      Multi grain dinner roll                      Chick pea salad                      Fresh melon</p>
<p>6</p> <p>Hot Roast Beef                      Mashed Potatoes /Gravy                      Peas &amp; Carrots                      Wheat Bread                      Fresh Orange</p>	<p>7</p> <p>Bbq Riblet                      Oven fries                      Black beans &amp; Corn                      Wheat sandwich bun                      Whole apple                      Chef's Choice Veggie</p>	<p>8</p> <p>Roast turkey/ cheddar ale sauce                      Vegetable rice pilaf                      Broccoli                      Biscuit                      Chef's fruit                      Oatmeal raisin cookie</p>	<p>9</p> <p>Western Eggs                      Hash browned potatoes                      Maple glazed pears                      Raisin bread                      Cranberry juice                      Banana</p>	<p>10</p> <p>Chicken breast parmesan                      Penne pasta                      Squash medley                      Wheat Vienna                      Chilled peaches</p>
<p>13</p> <p>Bavarian Bratwurst                      Diced Parslied                      Carrots                      Rye Bread                      Fresh Melon</p>	<p>14</p> <p>Chicken chardonnay                      Mashed potatoes                      Broccoli                      Multi Grain Bread                      Fresh Orange                      Chocolate Pudding</p>	<p>15</p> <p>Texas Chili                      Mac &amp; Cheese                      Country Blend Veggie                      Multi Grain Bread                      Fruit Cup</p>	<p>16</p> <p>Veal Marsala                      Scalloped Potatoes                      Stewed Tomatoes                      Multi Grain Bread                      Chilled Pears                      Beet Salad</p>	<p>17</p> <p>Baked Pollock Piccata                      Baked Potato                      California Blend                      Wheat Bread                      Lemon Mandarin Pudding</p>
<p>20</p>	<p>21</p> <p>Turkey Pot Roast/ Gravy                      Baked Potato                      Peas &amp; Carrots                      Multi Grain Bread                      Chef's Fruit                      Banana</p>	<p>22</p> <p>Spaghetti &amp; Meatball                      Marinara                      Broccoli                      Wheat Vienna                      Chilled Peaches</p>	<p>23</p> <p>Chicken Tenders /country gravy                      Bread stuffing                      Sweet potato mashed                      Bean &amp; Tomato Medley                      Apple                      Pea Salad</p>	<p>24</p> <p>Surimi Crab Alfredo                      Penne Pasta                      Zucchini /Red Pepper &amp; Onions                      Chef's Veggie                      Whole Wheat Roll                      Fruit Cup</p>
<p>27</p> <p>Baked Meatloaf w/ Gravy                      Cauliflower Mashed Potatoes                      Mixed Vegetables                      Whole Wheat Roll                      Pineapple Tid-Bits</p>	<p>28</p> <p>Bbq Pulled Pork                      Oven Fries                      Carrot Raisin Salad                      Wheat Sandwich Bun                      Warm Apple Crumble                      Chef's Choice</p>	<p>29</p> <p>Miso Glazed Chicken Thighs                      Scalloped Potatoes                      Baked Bean Casserole                      Wheat Bread                      Fruit Jello</p>	<p>30</p> <p>Cheese Omelette                      Hash Browned Potatoes                      Whole Wheat Biscuit                      Apple Juice                      Fruit Yogurt                      Fresh Orange</p>	<p>31</p> <p>Swedish Meatballs /Gravy                      Mashed Potatoes                      Broccoli                      Multi Grain Bread                      Fresh Melon</p>

**Menu subject to change due to availability of items.** Funding part is provided by AgeGuide

Suggested Lunch Donation: \$5.00

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