

Channahon United Methodist Church  
 24751 W Eames St.  
 Channahon, IL 60410  
 Janet Weakley



# January 2025

## Community Nutrition Network & Senior Services Association



Day: 1st Wednesday of the month  
 Times: 11:00 PM-1:00 PM  
 Phone: (847) 738-1268

Monday	Tuesday	Wednesday	Thursday	Friday
<p>For your safety, if you cannot eat all of your meal or if you are not ready to eat your meal, REFRIGERATE IT RIGHT AWAY!</p> <p>Do not leave it sitting out. Please be safe. Each meal served with fat-free or skim milk.</p>		<p>1</p> <p><b>CLOSED</b> <b>HAPPY HOLIDAYS!</b></p>	<p>2</p>	<p>3</p>
<p>6</p>	<p>7</p>	<p>8</p> <p><b>Herb Roasted Chicken</b> <b>Thyme Roasted Potatoes</b> <b>Green Beans</b> <b>Tossed Salad</b> <b>Rolls &amp; Butter</b></p>	<p>9</p>	<p>10</p>
<p>13</p>	<p>14</p>	<p>15</p>	<p>16</p>	<p>17</p>
 <p>Martin Luther King Jr. Day I HAVE A DREAM</p>	<p>21</p>	<p>22</p>	<p>23</p>	<p>24</p>
<p>27</p>	<p>28</p>	<p>29</p>	<p>30</p>	<p>31</p>

**Menu subject to change due to availability of items.** Funding part is provided by AgeGuide

Suggested Lunch Donation: \$8.00

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