

Troy Township Community Cafe  
 25448 Seil Road  
 Shorewood, IL 60404  
 CNN Café Manager: Cindy Stasell



# January 2025

## Community Nutrition Network & Senior Services Association



Days: Wednesday & Friday  
 Times: 12:00 PM-1:00 PM  
 Phone: (815) 744-1968

Monday	Tuesday	Wednesday	Thursday	Friday
<p>For your safety, if you cannot eat all of your meal or if you are not ready to eat your meal, REFRIGERATE IT RIGHT AWAY!</p> <p>Do not leave it sitting out. Please be safe. Each meal served with fat-free or skim milk.</p>		<p>1</p> <p><b>CLOSED</b> <b>HAPPY HOLIDAYS!</b></p>	<p>2</p>	<p>3</p> <p>Citrus Alaskan Pollock            Vegetable rice pilaf            Country blend vegetable            Multi grain dinner roll            Chick pea salad            Fresh melon</p>
<p>6</p>	<p>7</p>	<p>8</p> <p>Herb Roasted Chicken            Thyme Roasted Potatoes            Green Beans            Tossed Salad            Rolls &amp; Butter</p>	<p>9</p>	<p>10</p> <p>Chicken breast parmesan            Penne pasta            Squash medley            Wheat Vienna            Chilled peaches</p>
<p>13</p>	<p>14</p>	<p>15</p> <p>Beef Burgers W/ onions,            Lettuce, Tomato &amp;            Cheese            Lyonnais Potatoes            Corn            Tossed Salad</p>	<p>16</p>	<p>17</p> <p>Baked Pollock Piccata            Baked Potato            California Blend            Wheat Bread            Lemon Mandarin Pudding</p>
<p></p>	<p>21</p>	<p>22</p> <p>Chicken Ala King            Biscuit            Mixed Vegetables            Tossed Salad</p>	<p>23</p>	<p>24</p> <p>Surimi Crab Alfredo            Penne Pasta            Zucchini /Red Pepper &amp;            Onions            Chef's Veggie            Whole Wheat Roll            Fruit Cup</p>
<p>27</p>	<p>28</p>	<p>29</p> <p>Stuffed Peppers            Mashed Potatoes w/ gravy            Tossed Salad            Rolls &amp; Butter</p>	<p>30</p>	<p>31</p> <p>Swedish Meatballs /Gravy            Mashed Potatoes            Broccoli            Multi Grain Bread            Fresh Melon</p>

**Menu subject to change due to availability of items.** Funding part is provided by AgeGuide

Suggested Lunch Donation: \$5.00

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