




# January 2025

Brookfield Colgrass Café  
9022 31st Street  
Brookfield, IL 60513

Hours: Monday - Friday, 11:00am to 2:00pm  
Lunch is served at 11:30am

Café Manager: Tanya Harrison  
708-310-4434  
Suggested donation: \$3.00

Monday	Tuesday	Wednesday	Thursday	Friday
<p>If you cannot eat your meal when it is delivered, <b>REFRIGERATE IT RIGHT AWAY!</b> Please don't leave food sitting out! Milk served with each meal</p>			<p>1</p> <p>2</p> <p>Chicken Vesuvio Mashed Potatoes Cauliflower &amp; Red Peppers Mandarin Oranges Chef's Choice</p>	<p>3</p> <p>Citrus Alaskan Pollock Vegetable Rice Pilaf Country Blend Vegetable Chick Pea Salad Fresh Melon</p>
<p>6</p> <p>Hot Roast Beef Mashed Potatoes w/Gravy Peas &amp; Carrots Wheat Bread Orange</p>	<p>7</p> <p>BBQ Riblet Oven Fries Black Beans &amp; Corn Chef's Choice Whole Apple</p>	<p>8</p> <p>Roast Turkey with Cheddar Ale Sauce Vegetable Rice Pilaf Broccoli, Biscuit Chef's Fruit, Oatmeal Cookie</p>	<p>9</p> <p>Western Eggs Hash Browned Potatoes Maple Glazed Pears Raisin Bread Cranberry Juice, Banana</p>	<p>10</p> <p>Chicken Breast Parmesan Penne Pasta in Marinara Squash Medley Wheat Vienna Bread Chilled Peaches</p>
<p>13</p> <p>Bavarian Brat Diced Parslied Potatoes Carrots Rye Bread Fresh Melon</p>	<p>14</p> <p>Chicken Chardonnay Mashed Potatoes Broccoli Chocolate Pudding Orange</p>	<p>15</p> <p>Texas Chili Macaroni &amp; Cheese Country Blend Vegetables Multi-Grain Bread Fruit Cup</p>	<p>16</p> <p>Veal Marsala Scalloped Potatoes Stewed Tomatoes Beet Salad Chilled Pears</p>	<p>17</p> <p>Pollock Piccata Baked Potato California Blend Wheat Bread Lemon Mandarin Pudding</p>
<p>20</p> 	<p>21</p> <p>Turkey Pot Roast w/Gravy Baked Potatoes Peas &amp; Carrots Chef's Choice Banana</p>	<p>22</p> <p>Spaghetti &amp; Meatballs with Marinara Broccoli Wheat Vienna Chilled Pears</p>	<p>23</p> <p>Chicken Tenders in Country Gravy Bread Stuffing Sweet Potato Mashed Northern Bean &amp; Tomato Medley Pea Salad, Apple</p>	<p>24</p> <p>Surimi Crab Alfredo Penne Pasta Zucchini w/ Red Peppers Chef's Choice Fruit Cup</p>
<p>27</p> <p>Baked Meatloaf Cauliflower Mashed Potatoes Mixed Vegetables Whole Wheat Roll Pineapple Tidbits</p>	<p>28</p> <p>BBQ Pulled Pork Oven Fries Carrot Raisin Warm Apple Crumble Chef's Choice</p>	<p>29</p> <p>Miso Glazed Chicken Thigh Scalloped Potatoes Baked Beans Casserole Wheat Bread Fruit Jello</p>	<p>30</p> <p>Cheese Omelette Hash Browned Potatoes Whole Wheat Biscuit Apple Juice, Fresh Yogurt Orange</p>	<p>31</p> <p>Swedish Meatballs in Gravy Mashed Potatoes Broccoli Multi Grain Bread Fresh Melon</p>

Funds, in whole or in part, for this publication were provided through Age Options and Northeastern Illinois Area Agency on Aging under Title III of the Older Americans act as administered through the Illinois Department on Aging and the Federal Administration on Aging. Community Nutrition Network does not discriminate in admission to programs or treatment of employment in programs or activities in compliance with the Illinois Human Rights Act; the U.S.Civil Rights act' Section 504 of the Rehabilitation Act; the Age Discrimination Act; the Age Discrimination in Employment Act and the U.S. and Illinois Constitutions. If you feel you have been discriminated against, you have the right to file a complaint. For information, dial 1-800-252-8966 or contact the Director of Personnel at (312)207-5290.

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Monday	Tuesday	Wednesday	Thursday	Friday
			<b>Cookies &amp; Cocoa \$2</b> 	
6	<b>Stress Relief Coloring</b> 	8	Join us for a fire safety presentation brought to you by Brookfield Fire Dept! 	10
13	14	15	16	17
				
20	21	22	23	24
			<b>FOOTBALL PARTY &amp; TRIVIA!</b>  <p>Huddle up!! Stop in for lunch, trivia &amp; a good time!</p>	
27	28	29	30	31
			Join us in celebrating January birthdays! 	

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