

# JANUARY 2025

**Hours: Monday Through Friday, 8:00am to 2:00pm**

**Site Manager**  
**ELIZABETH MORALES**  
**(708) 843-6229 - RSVP**


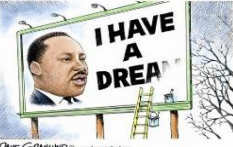
**BINGO Mon-Fri**  
**10:30AM- 11:30AM**  
**Lunch 11:30am**

**Community Nutrition Network**  
**3140 Enterprise Park Ave**  
**South Chicago Heights IL 60411**

**Homebound MENU**

Monday	Tuesday	Wednesday	Thursday	Friday
1	2	3	4	5
6	7	8	9	10
11	12	13	14	15
16	17	18	19	20
21	22	23	24	25
26	27	28	29	30
31				

<p style="text-align: center;"><b>Fat-free or Low-fat milk with each meal</b></p>	<p>If you are not ready to eat your meal when it is delivered, <b>REFRIGERATE IT RIGHT AWAY PLEASE DON'T LEAVE YOUR FOOD SITTING OUT!</b></p>		<p>Chicken vesuvio  Mashed potatoes  Cauliflower &amp; red pepper  Mandarin oranges</p>	<p>Citrus Alaskan pollock  Vegetable rice pilaf  Country blend Vegetable  Chick pea salad</p>
<p>Hot roast beef  Mashed potatoes &amp; gravy  Peas &amp; carrots  Fresh orange/wheat bread</p>	<p>BBQ riblet  Oven fries  Black beans &amp; corn  Chef's choice</p>	<p>Roast turkey w/cheddar ale  Vegetable rice pilaf  Broccoli  Biscuit/fruit salad</p>	<p>Western eggs  Hashbrown potatoes  Maple glaze pears  Raisin bread</p>	<p>Chicken breast parmesan  Penne pasta  squash medley  Chilled peaches</p>
<p>Bavarian Bratwurst  Diced Parslied potatoes  Rye bread  Pineapple tidbits</p>	<p>Chicken Chardonay  Mashed potatoes  Broccoli  Chocolate pudding</p>	<p>Texas Chilli  Mac&amp;Cheese  Country blend vegetables  Fruit cup/Multi grain bread</p>	<p>Veal marsala  Scalloped potatoes  Stewed tomatoes  Chilled pears</p>	<p>Baked pollock piccata  Baked potato  California blend  Wheat bread</p>
<p style="text-align: center;"><b>CLOSED</b></p> 	<p>Turkey pot roast /gravy  Baked potato  Peas &amp; carrots  Chef's fruit</p>	<p>Spagetti &amp; meatball marinara  Broccoli  Wheat vienna  Chilled pears</p>	<p>Chicken tenders in country gravy  Bread stuffing  Sweet potato mashed</p>	<p>Surimi crab  Penne pasta  Chef's choice vegetable  Multi grain dinner roll</p>
<p>Baked meatloaf  Cauliflower mashed  Mixed vegetables  Pineapple tidbits</p>	<p>BBQ pulled pork  Oven fries  Carrot raisin salad  Warm apple crumble</p>	<p>Miso glazed Chicken thigh  Scalloped potatoes  Baked bean casserole  Fruit jello</p>	<p>Cheese omeltte  Hashbrown potatoes  Whole wheat biscuit  Fruit yogurt</p>	<p>Swedish meatball &amp; gravy  Mashed potatoes  Fresh melon</p>

MENU SUBJECT TO CHANGE DUE TO AVAILABILTY OF ITEMS

**Donation \$3.50**

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