

HOFFMAN HOUSE CATERING
SENIOR NUTRITION PROGRAM
WINTER 2025 MENU
LOW SODIUM MENU & DIABETIC

* Indicates low sodium or diabetic substitute

Community Nutrition Network & Senior Services Association



2025
January



PHOENIX LOCATION
650 E Phoenix Center Drive
Phoenix, IL 60426
Site Manager: Ingrid Moorehead
(708) 331-2408

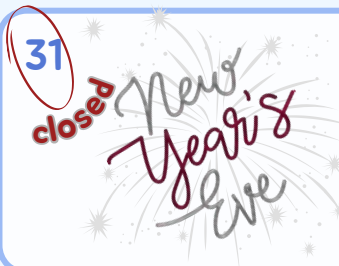
Monday

Tuesday

Wednesday

Thursday

Friday



MENU SUBJECT TO CHANGE
DUE TO AVAILABILITY OF ITEMS
Donation \$3.00

Funds, in whole or in part, for this publication were provided through Age Options and Northeastern Illinois Area Agency on Aging under Title III of the Older Americans act as administered through the

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6	7	8	9	10
13	14	15	16	17
20	21	22	23	24
27	28	29	30	31

6 HOT ROAST BEEF
MASHED POTATOES/GRAVY
PEAS & CARROTS
WHEAT BREAD
FRESH ORANGE

7 BBQ RIBLET
OVEN FRIES
BLACK BEANS & CORN
WHEAT SANDWICH BUN
WHOLE APPLE
CHEF'S CHOICE

8 ROAST TURKEY W/
CHEDDAR ALE SAUCE
VEGETABLE RICE PILAF
BROCCOLI
BISCUIT
CHEF'S FRUIT
OATMEAL RAISIN COOKIE

9 BREAKFAST
WESTERN EGGS
HASH BROWNED POTATOES
MAPLE GLAZED PEARS
RAISIN BREAD
CRANBERRY JUICE
BANANA

10 CHICKEN BREAST PARMESAN
PENNE PASTA / MARINARA
SQUASH MEDLEY
WHEAT VIENNA
CHILLED PEACHES

13 BAVARIAN BRATWURST
DICED PARSLIED POTATOES
CARROTS
RYE BREAD
FRESH MELON

14 CHICKEN CHARDONNAY
MASHED POTATOES
BROCCOLI
MULTI GRAIN BREAD
FRESH ORANGE
CHOCOLATE PUDDING
*diabetic sub

15 TEXAS CHILI
MAC & CHEESE
COUNTRY BLEND VEGETABLE
MULTI GRAIN BREAD
FRUIT CUP

16 VEAL MARSALA
SCALLOPED POTATOES
STEWED TOMATOES
MULTI GRAIN BREAD
CHILLED PEARS
BEET SALAD

17 BAKED POLLOCK PICCATA
BAKED POTATO
CALIFORNIA BLEND
WHEAT BREAD
LEMON MANDARIN PUDDING
*diabetic sub

20

21 TURKEY POT ROAST/GRAVY
BAKED POTATO
PEAS & CARROTS
MULTI GRAIN BREAD
CHEF'S FRUIT
BANANA

22 SPAGHETTI &
MEATBALL MARINARA
BROCCOLI
WHEAT VIENNA
CHILLED PEACHES
*meatsauce

23 CHICKEN TENDERS IN
COUNTRY CHICKEN GRAVY
BREAD STUFFING
SWEET POTATO MASHED
NORTHERN BEAN & TOMATO
MEDLEY
APPLE
PEA SALAD

24 SURIMI CRAB ALFREDO
PENNE PASTA
ZUCCHINI W RED PEPPERS & ONIONS
CHEF'S CHOICE VEGETABLE
MULTI-GRAIN DINNER ROLL
FRUIT CUP

27 BAKED MEATLOAF W/
COUNTRY GRAVY
CAULIFLOWER MASHED
POTATOES
MIXED VEGETABLES
WHOLE WHEAT ROLL
PINEAPPLE TID BITS

28 BBQ PULLED PORK
OVEN FRIES
CARROT RAISIN SALAD
WHEAT SANDWICH BUN
WARM APPLE CRUMBLE
CHEF'S CHOICE

29 MISO GLAZED
CHICKEN THIGH
SCALLOPED POTATOES
BAKED BEAN CASSEROLE
>WHEAT BREAD
>FRUIT JELLO
*diabetic sub

30 BREAKFAST
CHEESE OMELETTE
HASH BROWNED POTATOES
WHOLE WHEAT BISCUIT
APPLE JUICE
FRUIT YOGURT
FRESH ORANGE

31 SWEDISH MEATBALLS/GRAVY
MASHED POTATOES
BROCCOLI
MULTI GRAIN BREAD
FRESH MELON

HOFFMAN HOUSE CATERING
MENU FOR SENIOR NUTRITION PROGRAM
 The Fresh Bar Cafe' Menu
 Winter 2025

Community Nutrition Network & Senior Services Association

2025
January

PHOENIX CAFÉ
 650 E Phoenix Center Drive
 Phoenix, IL 60426
 Café Manager: Ingrid Moorehead
 (708) 331-2408

Hours: Monday Through Friday, 9:30am to 2:00pm

Monday

Tuesday

Wednesday

Thursday

Friday

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 5290

	31 closed <i>New Year's Eve</i>	1 closed <i>Happy New Year</i>	2 TUNA SALAD SANDWICH WHOLE WHEAT FRENCH ROLL CREAM OF BROCCOLI SOUP TOSSED GARDEN SALAD COTTAGE CHEESE, MANDARIN ORANGES VARIETY TOPPINGS MILK	3
6	7 BLT CHICKEN SALAD SANDWICH WHOLE WHEAT SANDWICH BUN CREAM OF POTATO SOUP TOSSED GARDEN SALAD COTTAGE CHEESE, WHOLE APPLE VARIETY TOPPINGS MILK	8 CORN DUSTED FLOUNDER, LEMON HERB AIOLI WHOLE WHEAT ROLL BROCCOLI CHEDDAR SOUP TOSSED GARDEN SALAD COTTAGE CHEESE, CHEF CHOICE FRUIT VARIETY TOPPINGS MILK	9 TURKEY TRIO & PROVOLONE SUB WHOLE WHEAT FRENCH ROLL SPLIT PEA SOUP TOSSED GARDEN SALAD COTTAGE CHEESE, BANANA VARIETY TOPPINGS MILK	10
13	14 CHICAGO STYLE HOT DOG WHOLE WHEAT HOT DOG BUN TOMATO LENTIL SOUP TOSSED GARDEN SALAD COTTAGE CHEESE, CHOCOLATE PUDDING VARIETY TOPPINGS MILK	15 ITALIAN BEEF WHOLE WHEAT FRENCH ROLL MINSTRONE SOUP TOSSED GARDEN SALAD COTTAGE CHEESE, CHILLED PEACHES VARIETY TOPPINGS MILK	16 STUFFED CABBAGE ROLL WHOLE WHEAT ROLL MINNESOTA WILD RICE SOUP TOSSED GARDEN SALAD COTTAGE CHEESE, CHILLED PEARS VARIETY TOPPINGS MILK	17
20	21 MEATBALL MARINARA SUB SANDWICH WHOLE WHEAT FRENCH ROLL BEAN SOUP TOSSED GARDEN SALAD COTTAGE CHEESE, CHEF'S CHOICE VARIETY TOPPINGS MILK	22 CHICKEN TENDER POOR BOY, PESTO AIOLI WHOLE WHEAT FRENCH ROLL CHEDDAR CORN CHOWDER SOUP TOSSED GARDEN SALAD COTTAGE CHEESE, PINEAPPLE TID BITS VARIETY TOPPINGS MILK	23 DEVILED EGG SALAD WHOLE WHEAT FRENCH ROLL TOMATO FLORENTINE SOUP TOSSED GARDEN SALAD COTTAGE CHEESE, CRANBERRY APPLE SAUCE VARIETY TOPPINGS MILK	24
27	28 CHICKEN SALAD ON WHOLE WHEAT SANDWICH BUN SPLIT PEA SOUP TOSSED GARDEN SALAD COTTAGE CHEESE, SLICED PEACHES VARIETY TOPPINGS MILK	29 TURKEY CHEDDAR SANDWICH WHOLE WHEAT SANDWICH BUN CREAM OF CAULIFLOWER SOUP TOSSED GARDEN SALAD COTTAGE CHEESE, FRUIT JELLO VARIETY TOPPINGS MILK	30 BACON AND SPINACH QUICHE WHOLE WHEAT ROLL VEGETABLE GUMBO SOUP TOSSED GARDEN SALAD COTTAGE CHEESE, FRUIT YOGURT VARIETY TOPPINGS MILK	31