















815-941-1590

# COMMUNITY NUTRITION NETWORK

Monday		Tuesday		Wednesday		Thursday		FRIDAY			
	3		4	SARATOGA TOWERS	5		6	SARATOGA TOWER	7		
<p><b>Office open 8AM-11AM to register for or reload Senior Dine Cards or aquire "Great Plates" Coupons</b> Meals are now a \$7 Suggested Donation</p>		<p>Due to supply issues we have had to adjust the menu we apologize for any inconvenience</p>		<p>Pulled pork on a Bun Roasted Potatoes, Baked Beans, Tossed Salad, Fruit, Dessert, Milk</p> <p>Lunch 11:00 Bingo to Follow Catered by Upper Crust Suggested Donation \$8.00</p> 				<p><b>Super Bowl Party</b> Philly Cheese Steak Sloppy Joes on Bun Potato Chips, Kidney Bean Salad, Fruit, Dessert, Milk</p> <p>Lunch 11:00 Suggested Donation \$5.00</p> 			
Coal City	10		11	SARATOGA TOWER	12		13	SARATOGA TOWER	14		
<p><b>Lions Club is back open</b> Spaghetti &amp; Meatballs W/ Marinara, Mixed Vegetables, Tossed Salad, Rolls &amp; Butter Dessert, Milk Catered by Upper Crust Lunch 12:00 Bingo to Follow Suggested Donation \$8.00</p>		<p><b>Office open 8AM-11AM to register for or reload Senior Dine Cards or aquire "Great Plates" Coupons</b> Meals are now a \$7 Suggested Donation</p>		<p>Stuffed Peppers, Mashed Potatoes w/gravy, Tossed Salad, Rolls &amp; Butter, Fruit, Dessert, Milk</p> <p>Lunch 11:00 Bingo to Follow Catered by Upper Crust Suggested Donation \$8.00</p> 				<p><b>Valentine's Day Party</b> Tuna or Chicken Salad on Bun, Macaroni Salad, Fruit, Milk, Dessert</p> <p>Lunch 11:00 Suggested Donation \$5.00</p> 			
	17	MAZON	18	SARATOGA TOWER	19	Coal City	20	SARATOGA TOWER	21		
		<p>Pulled pork on a Bun Roasted Potatoes, Baked Beans, Tossed Salad, Fruit, Dessert, Milk</p> <p>Catered by Upper Crust. Euchre at 10:30 Lunch 12:00 Bingo to Follow Suggested Donation \$8.00</p>  		<p>Herb Roasted Chicken Thyme Roasted Potatoes, Green Beans, Rolls &amp; Butter, Tossed Salad, Fruit, Dessert, Milk,</p> <p>Lunch 11:00 Bingo to Follow Catered by Upper Crust Suggested Donation \$8.00</p> 		<p><b>Lions Club is back open</b> Beef Burgers w/onion on Bun, lettuce, Tomato &amp; Cheese, Potatoes, Corn, Tossed Salad, Fruit, Dessert, Milk</p> <p>Catered by Upper Crust Bingo at 10:30AM Lunch 12:00 Suggested Donation \$8.00</p>		<p>Chicken Tacos w/cheese, Flour Tortillas Spanish Rice &amp; Black Beans Mixed Vegetables, Tossed Salad, Fruit, Dessert, Milk</p> <p>Lunch 11:00 Suggested Donation \$5.00</p> 			
MINOOKA	24		25	SARATOGA TOWER	26		27	SARATOGA TOWER	28		
<p>Stuffed Peppers, Mashed w/gravy, Tossed Salad, Rolls &amp; Butter, Fruit, Dessert, Milk</p> <p>Catered by Upper Crust Lunch 12:00 Bingo to Follow Suggested Donation \$8.00</p>				<p>Yankee Pot Roast w/Carrots &amp; Potatoes, Tossed Salad, Biscuits &amp; Butter, Fruit, Dessert, Milk</p> <p>Lunch 11:00 Bingo to Follow Catered by Upper Crust Suggested Donation \$8.00</p> 				<p><b>Monthly Birthday Party</b> Chicken Cornbread Casserole, Cole Slaw, Baked Beans, Fruit, Dessert, Milk</p> <p>Fruit, Dessert, Milk Lunch 11:00 Suggested Donation \$5.00</p> 			
<p>Community Nutrition Network, Inc. does not discriminate in admission to programs or treatment of the employment in the programs or activities in the compliance with the Illinois Human Rights Act; the U.S. Civil Rights Act; Section 504 of the Rehabilitation Act; the Age Discrimination in Employment Act; and the U.S. and Illinois Constitutions. If you feel you have been discriminated against, you have the right to file a complaint with the Illinois Department of Aging. For information, call 1-800-252-8966 [voice &amp; TDD] or contact the Director of Personnel at [312] 207-5444.</p>				<p>Funding in part is provided by Northeastern Illinois Area on Aging and United Way of Grundy County</p>							

Saratoga Towers Café serves meals daily at 11:30, open to public 60+ For your safety if you cannot eat all of your meal Refrigerate it right away!! Be safe! Please call 815-941-1590 to make or change a reservation. When you leave a message be assured we will follow through. Menu Subject to change due to availability of items. Thank You