

**CNN Saratoga Towers
Meal Program
1700 Newton Place
Morris, IL 60450
Phone: (815)941-1590**

Community Nutrition Network & Senior Services Association



February 2025

Patty Strahan Nutrition Director












This menu is approved for use by Georgis title IIIC
Nutrition Sites. K. Leicht, RD LDN MBA



Funding in part is provided by
Age Guide and United Way of
Grundy County



If you have any questions or problems
please call our office at 1-815-941-1590.

Monday 3.French Onion Meatballs W/Gravy, Buttered Noodles, Peas & Carrots, Tossed Salad, Rolls & Butter, Fruit, Milk, Dessert Lunch 11:00 Suggested Donation \$5.00	Tuesday 4.Herb Roasted Chicken Breast Red Potatoes, Mixed Vegetables, Rolls & Butter, Tossed Salad, Fruit, Dessert, Milk, Lunch 11:00 Suggested Donation \$5.00	Wednesday 5. Pulled pork on a Bun Roasted Potatoes, Baked Beans, Tossed Salad, Fruit, Dessert, Milk Lunch 11:00 Bingo to Follow Catered by Upper Crust Suggested Donation \$8.00 	Thursday 6.Biscuits & Sausage Gravy, Cheese/ Potato/ Egg Bake, Roasted Vegetables, Fruit, Dessert, Milk Lunch 11:00 Suggested Donation \$5.00	Friday 7. Super Bowl Party Philly Cheese Steak Sloppy Joes on Bun, Potato Chips, Kidney Bean Salad, Fruit, Dessert, Milk Lunch 11:00 Bingo to Follow Suggested Donation \$5.00 
10.Ham & Bean Vegetable Soup, Tossed Salad, Corn Bread, Fruit, Dessert, Milk Lunch 11:00 Suggested Donation \$5.00	11.Chicken Brown Rice & Vegetable Casserole, Tossed Salad, Rolls & Butter, Fruit, Milk Lunch 11:00 Suggested Donation \$5.00	12. Stuffed Peppers, Mashed Potatoes w/gravy, Tossed Salad, Rolls & Butter, Fruit, Dessert, Milk Lunch 11:00 Bingo to Follow Catered by Upper Crust Suggested Donation \$8.00 	13.Pork & Noodles w/Mushroom Gravy, Mixed Vegetables, Rolls & Butter, Tossed Salad, Fruit, Dessert, Milk Lunch 11:00 Suggested Donation \$5.00	14. Valentine's Day Party Tuna or Chicken Salad on Bun, Macaroni Salad, Fruit, Milk, Dessert Lunch 11:00 Bingo to Follow Suggested Donation \$5.00 
17. Site Closed for President's Day	18. Bacon Cheeseburger Lasagna, Tossed Salad, Broccoli, Fruit, Dessert, Milk Lunch 11:00 Suggested Donation \$5.00	19. Herb Roasted Chicken Thyme Roasted Potatoes, Green Beans, Rolls & Butter, Tossed Salad, Fruit, Dessert, Milk, Lunch 11:00 Bingo to Follow Catered by Upper Crust Suggested Donation \$8.00 	20. Sweet & Sour Pork , White Rice, Oriental Vegetables, Tossed Salad, Dinner Rolls & Butter, Fruit, Dessert, Milk Lunch 11:00 Suggested Donation \$5.00	21. Chicken Tacos w/cheese, Flour Tortillas, Spanish Rice & Black Beans, Mixed Vegetables, Tossed Salad, Fruit, Dessert, Milk Lunch 11:00 Suggested Donation \$5.00 
24.Pepperoni Pizza Bake, Tossed Salad, California Medley, Fruit, Dessert, Milk Lunch 11:00 Suggested Donation \$5.00	25. Chicken & Biscuit Pot Pie, Tossed Salad, Green Beans, Fruit, Dessert, Milk Lunch 11:00 Suggested Donation \$5.00	26. Yankee Pot Roast w/Carrots & Potatoes, Tossed Salad, Biscuits & Butter, Fruit, Dessert, Milk Lunch 11:00 Bingo to Follow Catered by Upper Crust Suggested Donation \$8.00 	27. Stuffed Pepper Soup w/Rice, Pea Salad, Tossed Salad, Rolls & Butter, Fruit Dessert, Milk Lunch 11:00 Suggested Donation \$5.00	28. Monthly Birthday Party Chicken Cornbread Casserole, Cole Slaw, Baked Beans, Fruit, Dessert, Milk Lunch 11:00 Suggested Donation \$5.00 
<div> We welcome Mary Jo to our program. She will now be cooking at Saratoga Towers on Monday, Tuesday, Thursday and Friday. </div>				

Menu subject to change due to availability of items. For your safety, if you cannot eat all of your meal or if you are not ready to eat your meal when it is delivered: REFRIGERATE IT RIGHT AWAY!! Do not leave it sitting out!!! Remove meal from the freezer and follow the cooking instructions provided. If it has been refrigerated, it will not take as long. This menu is subject to change.

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Community Nutrition Network, Inc. does not discriminate in admission to programs or treatment of the employment in the programs or activities in the compliance with the Illinois Human Rights Act; the U.S. Civil Rights Act; Section 504 of the Rehabilitation Act; the Age Discrimination in Employment Act; and the U.S. and Illinois Constitutions. If you feel you have been discriminated against, you have the right to file a complaint with the Illinois Department of Aging. For information, call 1-800-252-8966 [voice & TDD] or contact the Director of Personnel at [312] 207-5444.

All meals are \$5.00 unless
otherwise marked.