

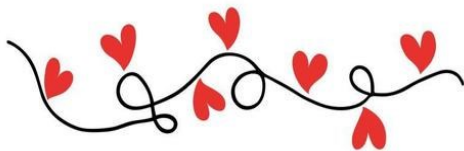


February 2025

Community Nutrition Network & Senior Services Association



Monday	Tuesday	Wednesday	Thursday	Friday
3 Roast Pork /Gravy Au Gratin Potatoes Peas & Carrots Multi Grain Bread Whole Apple	4 Cheddar broccoli chicken rice casserole Cauliflower Warm pear & cranberry crumble Pea salad	5 Salisbury steak/gravy Mashed potatoes Corn Dinner roll Pineapple Tidbits	6 Hot Dog Over Fries Bean Casserole Wheat hotdog bun Banana Fresh melon	7 Classic lasagna w/meat sauce Broccoli Chef's Vegetable Wheat bread Oatmeal raisin cookie
10 Roasted Turkey & Gravy Baked Sweet Potatoes Mixed Vegetables Bread Stuffing Chef's Fruit	11 Spaghetti & meatball marinara Mixed salad greens Multi grain bread Warm peach cobbler Fruit cup	12 Hamburger German potato salad Green beans Wheat sandwich bun Apple sauce	13 Chicken Vesuvio Mashed potatoes Cauliflower & red pepper Wheat bread Mandarin oranges Chef's choice veggie	14 Citrus Alaskan Pollock Vegetable rice pilaf Country blend vegetable Multi grain dinner roll Chick pea salad Fresh melon
17 <u>CLOSED</u>	18 Bbq Riblet Oven fries Black beans & Corn Wheat sandwich bun Whole apple Chef's Choice Veggie	19 Roast turkey/ cheddar ale sauce Vegetable rice pilaf Broccoli Biscuit Chef's fruit	20 Western Eggs Hash Browned Potatoes Maple Glazed Pears Raisin Bread Cranberry Juice Banana	21 Chicken Breast Parmesan Penne Pasta/ Marinara Squash Medley Whole Wheat Vienna Chilled Peaches
24 Bavarian Bratwurst Diced Parslied Potatoes Carrots Rye Bread Fresh Melon	25 Chicken chardonnay Mashed potatoes Broccoli Multi Grain Bread Fresh Orange Chocolate Pudding	26 Texas Chili Mac & Cheese Country Blend Veggie Multi Grain Bread Fruit Cup	27 Veal Marsala Scalloped Potatoes Stewed Tomatoes Multi Grain Bread Chilled Pears Beet Salad	28 Baked Pollock Piccata Baked Potato California Blend Wheat Bread Lemon Mandarin Pudding



For your safety, if you cannot eat all of your meal or if you are not ready to eat your meal, REFRIGERATE IT RIGHT AWAY!

Do not leave it sitting out. Please be safe. Each meal served with fat-free or skim milk.



Menu subject to change due to availability of items. Funding part is provided by AgeGuide

Suggested Lunch Donation: \$5.00

Funds, in whole or in part, for this publication were provided through Age Guide of Northeastern Illinois under Title III or the Older Americans act as administered through the Illinois Department on Aging and the Federal Administration on Aging.

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