

February 2025


Community Nutrition Network & Senior Services Association

Lemont Community Café
16300 Alba St
Lemont, IL 60439

Days: Monday thru Friday
 Times: 10:00am-2:00pm
 Phone: 630-257-0515

HDM

Café Manager: Stephanie Gasca

Monday	Tuesday	Wednesday	Thursday	Friday
<p>3</p> <p>Roast Pork and Gravy Au Gratin Potatoes Peas and Carrots Multi-Grain Bread Whole Apple</p>	<p>4</p> <p>Cheddar Broccoli Chicken Rice Casserole Cauliflower Whole Wheat Roll Pear and Cranberry Crumble Pea Salad</p>	<p>5</p> <p>Salisbury Steak w/Gravy Mashed Potatoes Corn Whole Wheat Roll Pineapple Tidbits</p>	<p>6</p> <p>Hot Dog Oven Fries Bean Casserole Whole Wheat Hot Dog Bun Banana Fresh Melon</p>	<p>7</p> <p>Classic Lasagna w/Meat Sauce Broccoli Chef's Choice Vegetable Multi-Grain Bread Oatmeal Raisin Cookie</p>
<p>10</p> <p>Roast Turkey and Gravy Baked Sweet Potatoes Mixed Vegetables Bread Stuffing Chef's Fruit</p>	<p>11</p> <p>Spaghetti and Meatballs w/Marinara Mixed Salad Greens Multi-Grain Bread Peach Cobbler</p>	<p>12</p> <p>Hamburger German Potato Salad Green Beans Whole Wheat Hamburger Bun Applesauce</p>	<p>13</p> <p>Chicken Vesuvio Mashed Potatoes Cauliflower and Red Pepper Multi-Grain Bread Mandarin Oranges</p>	<p>14</p> <p>Citrus Alaskan Pollock Vegetable Rice Pilaf Country Blend Vegetables Whole Wheat Roll Chick Pea Salad and Fresh Melon</p>
<p>17</p> <p> Happy President's Day!</p>	<p>18</p> <p>BBQ Riblet Oven Fries Black Beans and Corn Whole Wheat Sandwich Bun Whole Apple</p>	<p>19</p> <p>Roast Turkey w/Cheddar Ale Vegetable Rice Pilaf Broccoli Whole Wheat Biscuit Chef's Fruit Oatmeal Raisin Cookie</p>	<p>20</p> <p>Western Eggs Hash Browned Potatoes Maple Glazed Pears Raisin Bread Cranberry Juice Banana</p>	<p>21</p> <p>Chicken Breast Parmesan Penne Pasta w/Marinara Squash Medley Whole Wheat Vienna Bread Chilled Peaches</p>
<p>24</p> <p>Bavarian Bratwurst Diced Parslied Potatoes Carrots Rye Bread Fresh Melon</p>	<p>25</p> <p>Chicken Chardonnay Mashed Potatoes Broccoli Multi-Grain Bread Fresh Orange</p>	<p>26</p> <p>Texas Chili Mac and Cheese Country Blend Vegetables Multi-Grain Bread Fruit Cup</p>	<p>27</p> <p>Veal Marsala Scalloped Potatoes Stewed Tomatoes Multi-Grain Bread Chilled Pears and Beet Salad</p>	<p>28</p> <p>Baked Pollock Piccata Baked Potato Caifornia Blend Vegetables Multi-Grain Bread Lemon Mandarin Pudding</p>
				<p>For your safety, if you cannot eat all of your meal or if you are not ready to eat your meal, REFRIDGERATE IT RIGHT AWAY! Do not leave it sitting out. Each meal served with milk.</p>

MENU SUBJECT TO CHANGE DUE TO AVAILABILTY OF ITEMS

Suggested Donation: \$4.00

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