

January 2025


Community Nutrition Network & Senior Services Association

Lemont Community Café
16300 Alba St
Lemont, IL 60439

Days: Monday thru Friday
 Times: 11:00am-2:00pm
 Phone: 630-257-0515

HDM

Café Manager: Stephanie Gasca

| Monday | Tuesday | Wednesday | Thursday | Friday |
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| For your safety, if you cannot eat all of your meal or if you are not ready to eat your meal, REFRIGERATE IT RIGHT AWAY! Do not leave it sitting out. Each meal served with milk. |  |  | Chicken Vesuvio Mashed Potatoes Cauliflower & Red Peppers Wheat Bread Mandarin Oranges | Citrus Alaskan Pollock Vegetable Rice Pilaf Country Blend Vegetable Multi-Grain Dinner Roll Chick Pea Salad |
| Hot Roast Beef Mashed Potatoes w/Gravy Peas and Carrots Wheat Bread Fresh Orange | BBQ Riblet Oven Fries Black Beans and Corn Wheat Sandwich Bun Whole Apple | Roast Turkey w/Cheddar Ale Sauce Vegetable Rice Pilaf Broccoli Biscuit and Oatmeal Cookie | Western Eggs Hashbrowned Potatoes Maple Glazed Pears Raisin Bread and Banana Cranberry Juice | Chicken Breast Parmesan Penne Pasta w/Marinara Squash Medley Wheat Vienna Chilled Peaches |
| Bavarian Bratwurst Diced Parslied Potatoes Carrots Rye Bread Fresh Melon | Chicken Chardonnay Mashed Potatoes Broccoli Multi-Grain Bread Fresh Orange Chocolate Pudding | Texas Chili Mac and Cheese Country Blend Vegetables Multi-Grain Bread Fruit Cup | Veal Marsala Scalloped Potatoes Stewed Tomatoes Multi-Grain Bread Chilled Pears Beet Salad | Baked Pollock Piccata Baked Potato California Blend Vegetables Wheat Bread Lemon Mandarin Pudding |
|  | Turkey Pot Roast w.Gravy Baked Potato Peas and Carrots Multi-Grain Bread Banana | Spaghetti and Meatballs w/Marinara Sauce Broccoli Wheat Vienna Bread Chilled Peaches | Chicken Tenders w/Country Chicken Gravy Bread Stuffing Mashed Sweet Potatoes Bean Medley and Pea Salad | Surimi Crab Alfredo Penne Pasta Zucchini w/Red Peppers Multi-Grain Dinner Roll Fruit Cup |
| Baked Meatloaf w/Gravy Cauliflower Mashed Potatoes Mixed Vegetables Whole Wheat Roll Pineapple Tidbits | BBQ Pulled Pork Oven Fries Carrot Raisin Salad Wheat Sandwich Bun Warm Apple Crumble | Miso Glazed Chicken Thigh Scalloped Potatoes Baked Bean Casserole Wheat Bread Fruit Jell-O | Cheese Omelette Hashbrowned Potatoes Whole Wheat Biscuit Apple Juice Fruit Yogurt and Fresh Orange | Swedish Meatballs w/Gravy Mashed Potatoes Broccoli Multi-Grain Bread Fresh Melon |

MENU SUBJECT TO CHANGE DUE TO AVAILABILITY OF ITEMS

Suggested Donation: \$4.00

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