



HOFFMAN HOUSE CATERING
 SENIOR NUTRITION PROGRAM
 WINTER 2025 MENU
 LOW SODIUM MENU & DIABETIC
 * Indicates low sodium or diabetic substitute

Community Nutrition Network & Senior Services Association

FEBRUARY

Delivering Monday-Friday
 9:00 AM - 1:00 PM

PHOENIX LOCATION
 650 E Phoenix Center Drive
 Phoenix, IL 60426
 Site Manager: Ingrid Moorehead
 (708) 331-2408



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
03 ROAST PORK & GRAVY AU GRATIN POTATOES PEAS & CARROTS MULTI GRAIN BREAD WHOLE APPLE	04 >CHEDDAR BROCCOLI CHICKENRICE CASSEROLE >CAULIFLOWER >WHOLE WHEAT ROLL >WARM PEAR AND CRANBERRY CRUMBLE >PEA SALAD	05 >SALISBURY STEAK/GRAVY >MASHED POTATOES >CORN >WHOLE WHEAT ROLL >PINEAPPLE TIDBITS	06 >HOT DOG >OVEN FRIES >BEAN CASSEROLE >WHOLE WHEAT HOT DOG BUN >BANANA >FRESH MELON	07 >CLASSIC LASAGNA W/ MEAT SAUCE >BROCCOLI >CHEF'S CHOICE VEGETABLE >MULTI GRAIN BREAD >OATMEAL RAISIN COOKIE *diabetic sub
10 >ROAST TURKEY & GRAVY >BAKED SWEET POTATOES >MIXED VEGETABLES >BREAD STUFFING >CHEF'S FRUIT	11 >SPAGHETTI & MEATBALL MARINARA >MIXED SALAD GREENS >MULTI GRAIN BREAD >WARM PEACH COBBLER >FRUIT CUP *meatsauce	12 >HAMBURGER >GERMAN POTATO SALAD >GREEN BEANS >WHOLE WHEAT HAMBURGER BUN >APPLE SAUCE	13 >CHICKEN VESUVIO >MASHED POTATOES >CAULIFLOWER & RED PEPPERS >MULTI GRAIN BREAD >MANDARIN ORANGES >CHEF'S CHOICE	14 <i>Valentine's Day</i> >CITRUS ALASKAN POLLOCK >VEGETABLE RICE PILAF >COUNTRY BLEND VEGETABLE >WHOLE WHEAT ROLL >CHICK PEA SALAD >FRESH MELON
17  • HAPPY • Presidents DAY	18 >BBQ RIBLET >OVEN FRIES >BLACK BEANS & CORN >WHOLE WHEAT SANDWICH BUN >WHOLE APPLE >CHEF'S CHOICE	19 >ROAST TURKEY W/ CHEDDAR ALE SAUCE >VEGETABLE RICE PILAF >BROCCOLI >WHOLE WHEAT BISCUIT >CHEF'S FRUIT >OATMEAL RAISIN COOKIE *diabetic sub	20 BREAKFAST >WESTERN EGGS >HASH BROWNED POTATOES >MAPLE GLAZED PEARS >RAISIN BREAD >CRANBERRY JUICE >BANANA	21 >CHICKEN BREAST PARMESAN >PENNE PASTA / MARINARA >SQUASH MEDLEY >WHOLE WHEAT VIENNA >CHILLED PEACHES
24 >BAVARIAN BRATWURST >DICED PARSLIED POTATOES >CARROTS >RYE BREAD >FRESH MELON	25 >CHICKEN CHARDONNAY >MASHED POTATOES >BROCCOLI >MULTI GRAIN BREAD >FRESH ORANGE >CHOCOLATE PUDDING *diabetic sub	26 >TEXAS CHILI >MAC & CHEESE >COUNTRY BLEND VEGETABLE >MULTI GRAIN BREAD >FRUIT CUP	27 >VEAL MARSALA >SCALLOPED POTATOES >STEWED TOMATOES >MULTI GRAIN BREAD >CHILLED PEARS >BEET SALAD	28 >BAKED POLLOCK PICCATA >BAKED POTATO >CALIFORNIA BLEND >MULTI GRAIN BREAD >LEMON MANDARIN PUDDING *diabetic sub

MENU SUBJECT TO CHANGE DUE TO AVAILABILITY OF ITEMS
 Donation \$3.00

Funds, in whole or in part, for this publication were provided through Age Options and Northeastern Illinois Area Agency on Aging under Title III of the Older Americans act as administered through the Illinois Department on Aging and the Federal Administration on Aging. Community Nutrition Network does not discriminate in admission to programs or treatment of employment in programs or activities in compliance with the Illinois Human Rights Act; the U.S.Civil Rights act' Section 504 of the Rehabilitation Act; the Age Discrimination Act; the Age Discrimination in Employment Act and the U.S. and Illinois Constitutions. If you feel you have been discriminated against, you have the right to file a complaint. For information, dial 1-800-252-8966 (voice & TDD) or contact the Director of Personnel at (312)207-5290





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OPEN: Monday-Friday
10:00 AM - 2:00 PM
Lunch Served at 11:30 AM



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03 ROAST PORK & GRAVY AU GRATIN POTATOES PEAS & CARROTS MULTI GRAIN BREAD WHOLE APPLE	04 CHEESE BURGER WHOLE WHEAT HAMBURGER BUN TOMATO SOUP TOSSED GARDEN SALAD COTTAGE CHEESE, SLICED PEARS VARIETY TOPPING MILK	05 DILLED EGG SALAD WHOLE WHEAT FRENCH ROLL CREAM OF SPINACH TOSSED GARDEN SALAD COTTAGE CHEESE, PINEAPPLE TID BITS VARIETY TOPPING MILK	06 CHICAGO STYLE HOT DOG WHOLE WHEAT HOT DOG BUN VEGETABLE LENTIL SOUP TOSSED GARDEN SALAD COTTAGE CHEESE, BANANA VARIETY TOPPING MILK	07 >CLASSIC LASAGNA W/ MEAT SAUCE >BROCCOLI >CHEF'S CHOICE VEGETABLE >MULTI GRAIN BREAD >OATMEAL RAISIN COOKIE *diabetic sub
10 >ROAST TURKEY & GRAVY >BAKED SWEET POTATOES >MIXED VEGETABLES >BREAD STUFFING >CHEF'S FRUIT	11 STUFFED GREEN PEPPER WHOLE WHEAT ROLL LUMBERJACK SOUP TOSSED GARDEN SALAD COTTAGE CHEESE, FRUIT CUP VARIETY TOPPING MILK	12 SWISS BURGER WHOLE WHEAT HAMBURGER BUN MUSHROOM BARLEY SOUP TOSSED GARDEN SALAD COTTAGE CHEESE, TROPICAL FRUIT VARIETY TOPPING MILK	13 TUNA SALAD SANDWICH WHOLE WHEAT FRENCH ROLL CREAM OF BROCCOLI SOUP TOSSED GARDEN SALAD COTTAGE CHEESE, MANDARIN ORANGES VARIETY TOPPING MILK	14 <i>Valentine's Day</i> >CITRUS ALASKAN POLLOCK >VEGETABLE RICE PILAF >COUNTRY BLEND VEGETABLE >WHOLE WHEAT ROLL >CHICK PEA SALAD >FRESH MELON
17  HAPPY <i>Presidents</i> DAY	18 BLT CHICKEN SALAD SANDWICH WHOLE WHEAT SANDWICH BUN CREAM OF POTATO SOUP TOSSED GARDEN SALAD COTTAGE CHEESE, WHOLE APPLE VARIETY TOPPING MILK	19 CORN DUSTED FLOUNDER, LEMON HERB AIOLI WHOLE WHEAT ROLL BROCCOLI CHEDDAR SOUP TOSSED GARDEN SALAD COTTAGE CHEESE, CHEF CHOICE FRUIT VARIETY TOPPING MILK	20 TURKEY TRIO & PROVOLONE SUB WHOLE WHEAT FRENCH ROLL SPLIT PEA SOUP TOSSED GARDEN SALAD COTTAGE CHEESE, BANANA VARIETY TOPPING MILK	21 >CHICKEN BREAST PARMESAN >PENNE PASTA / MARINARA >SQUASH MEDLEY >WHOLE WHEAT VIENNA >CHILLED PEACHES
24 >BAVARIAN BRATWURST >DICED PARSLIED POTATOES >CARROTS >RYE BREAD >FRESH MELON	25 CHICAGO STYLE HOT DOG WHOLE WHEAT HOT DOG BUN TOMATO LENTIL SOUP TOSSED GARDEN SALAD COTTAGE CHEESE, CHOCOLATE PUDDING VARIETY TOPPING MILK	26 ITALIAN BEEF WHOLE WHEAT FRENCH ROLL MINESTRONE SOUP TOSSED GARDEN SALAD COTTAGE CHEESE, CHILLED PEACHES VARIETY TOPPING MILK	27 STUFFED CABBAGE ROLL WHOLE WHEAT ROLL MINNESOTA WILD RICE SOUP TOSSED GARDEN SALAD COTTAGE CHEESE, CHILLED PEARS VARIETY TOPPING MILK	28 >BAKED POLLOCK PICCATA >BAKED POTATO >CALIFORNIA BLEND >MULTI GRAIN BREAD >LEMON MANDARIN PUDDING *diabetic sub

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