

HOFFMAN HOUSE CATERING
SENIOR NUTRITION PROGRAM
WINTER 2025 MENU
LOW SODIUM MENU & DIABETIC

* Indicates low sodium or diabetic substitute

Community Nutrition Network & Senior Services Association



2025
January



PHOENIX LOCATION
650 E Phoenix Center Drive
Phoenix, IL 60426
Site Manager: Ingrid Moorehead
(708) 331-2408

Monday

Tuesday

Wednesday

Thursday

Friday

MENU SUBJECT TO CHANGE
DUE TO AVAILABILITY OF ITEMS
Donation \$3.00

Funds, in whole or in part, for this publication were provided through Age Options and Northeastern Illinois Area Agency on Aging under Title III of the Older Americans act as administered through the

Illinois Department on Aging and the Federal Administration on Aging. Community Nutrition Network does not discriminate in admission to programs or treatment of employment in programs or activities in compliance with the Illinois Human Rights Act; the U.S. Civil Rights act' Section 504 of the Rehabilitation Act; the Age Discrimination Act; the Age Discrimination in Employment Act and the U.S. and Illinois Constitutions. If you feel you have been discriminated against, you have the right to file a complaint. For information, dial 1-800-252-8966 (voice & TDD) or contact the Director of Personnel at (312)207-5290



6 HOT ROAST BEEF
MASHED POTATOES/GRAVY
PEAS & CARROTS
WHEAT BREAD
FRESH ORANGE

7 BBQ RIBLET
OVEN FRIES
BLACK BEANS & CORN
WHEAT SANDWICH BUN
WHOLE APPLE
CHEF'S CHOICE

8 ROAST TURKEY W/
CHEDDAR ALE SAUCE
VEGETABLE RICE PILAF
BROCCOLI
BISCUIT
CHEF'S FRUIT
OATMEAL RAISIN COOKIE

9 BREAKFAST
WESTERN EGGS
HASH BROWNED POTATOES
MAPLE GLAZED PEARS
RAISIN BREAD
CRANBERRY JUICE
BANANA

10 CHICKEN BREAST PARMESAN
PENNE PASTA / MARINARA
SQUASH MEDLEY
WHEAT VIENNA
CHILLED PEACHES

13 BAVARIAN BRATWURST
DICED PARSLIED POTATOES
CARROTS
RYE BREAD
FRESH MELON

14 CHICKEN CHARDONNAY
MASHED POTATOES
BROCCOLI
MULTI GRAIN BREAD
FRESH ORANGE
CHOCOLATE PUDDING
*diabetic sub

15 TEXAS CHILI
MAC & CHEESE
COUNTRY BLEND VEGETABLE
MULTI GRAIN BREAD
FRUIT CUP

16 VEAL MARSALA
SCALLOPED POTATOES
STEWED TOMATOES
MULTI GRAIN BREAD
CHILLED PEARS
BEET SALAD

17 BAKED POLLOCK PICCATA
BAKED POTATO
CALIFORNIA BLEND
WHEAT BREAD
LEMON MANDARIN PUDDING
*diabetic sub

20

21 TURKEY POT ROAST/GRAVY
BAKED POTATO
PEAS & CARROTS
MULTI GRAIN BREAD
CHEF'S FRUIT
BANANA

22 SPAGHETTI &
MEATBALL MARINARA
BROCCOLI
WHEAT VIENNA
CHILLED PEACHES
*meatsauce

23 CHICKEN TENDERS IN
COUNTRY CHICKEN GRAVY
BREAD STUFFING
SWEET POTATO MASHED
NORTHERN BEAN & TOMATO
MEDLEY
APPLE
PEA SALAD

24 SURIMI CRAB ALFREDO
PENNE PASTA
ZUCCHINI W RED PEPPERS & ONIONS
CHEF'S CHOICE VEGETABLE
MULTI-GRAIN DINNER ROLL
FRUIT CUP

27 BAKED MEATLOAF W/
COUNTRY GRAVY
CAULIFLOWER MASHED
POTATOES
MIXED VEGETABLES
WHOLE WHEAT ROLL
PINEAPPLE TID BITS

28 BBQ PULLED PORK
OVEN FRIES
CARROT RAISIN SALAD
WHEAT SANDWICH BUN
WARM APPLE CRUMBLE
CHEF'S CHOICE

29 MISO GLAZED
CHICKEN THIGH
SCALLOPED POTATOES
BAKED BEAN CASSEROLE
>WHEAT BREAD
>FRUIT JELLO
*diabetic sub

30 BREAKFAST
CHEESE OMELETTE
HASH BROWNED POTATOES
WHOLE WHEAT BISCUIT
APPLE JUICE
FRUIT YOGURT
FRESH ORANGE

31 SWEDISH MEATBALLS/GRAVY
MASHED POTATOES
BROCCOLI
MULTI GRAIN BREAD
FRESH MELON

HOFFMAN HOUSE CATERING
 MENU FOR SENIOR NUTRITION PROGRAM
 The Fresh Bar Cafe' Menu
 Winter 2025

Community Nutrition Network & Senior Services Association

2025
 January

PHOENIX CAFÉ
 650 E Phoenix Center Drive
 Phoenix, IL 60426
 Café Manager: Ingrid Moorehead
 (708) 331-2408

Hours: Monday Through Friday, 9:30am to 2:00pm

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Tuesday

Wednesday

Thursday

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 5290

31
 closed
 New Year's Eve

1
 closed
 Happy New Year
 2025

2
 TUNA SALAD SANDWICH
 WHOLE WHEAT FRENCH ROLL
 CREAM OF BROCCOLI SOUP
 TOSSED GARDEN SALAD
 COTTAGE CHEESE, MANDARIN ORANGES
 VARIETY TOPPINGS
 MILK

3

6

7
 BLT CHICKEN SALAD SANDWICH
 WHOLE WHEAT SANDWICH BUN
 CREAM OF POTATO SOUP
 TOSSED GARDEN SALAD
 COTTAGE CHEESE, WHOLE APPLE
 VARIETY TOPPINGS
 MILK

8
 CORN DUSTED FLOUNDER, LEMON HERB AIOLI
 WHOLE WHEAT ROLL
 BROCCOLI CHEDDAR SOUP
 TOSSED GARDEN SALAD
 COTTAGE CHEESE, CHEF CHOICE FRUIT
 VARIETY TOPPINGS
 MILK

9
 TURKEY TRIO & PROVOLONE SUB
 WHOLE WHEAT FRENCH ROLL
 SPLIT PEA SOUP
 TOSSED GARDEN SALAD
 COTTAGE CHEESE, BANANA
 VARIETY TOPPINGS
 MILK

10

13

14
 CHICAGO STYLE HOT DOG
 WHOLE WHEAT HOT DOG BUN
 TOMATO LENTIL SOUP
 TOSSED GARDEN SALAD
 COTTAGE CHEESE, CHOCOLATE PUDDING
 VARIETY TOPPINGS
 MILK

15
 ITALIAN BEEF
 WHOLE WHEAT FRENCH ROLL
 MINESTRONE SOUP
 TOSSED GARDEN SALAD
 COTTAGE CHEESE, CHILLED PEACHES
 VARIETY TOPPINGS
 MILK

16
 STUFFED CABBAGE ROLL
 WHOLE WHEAT ROLL
 MINNESOTA WILD RICE SOUP
 TOSSED GARDEN SALAD
 COTTAGE CHEESE, CHILLED PEARS
 VARIETY TOPPINGS
 MILK

17

20

21
 MEATBALL MARINARA SUB SANDWICH
 WHOLE WHEAT FRENCH ROLL
 BEAN SOUP
 TOSSED GARDEN SALAD
 COTTAGE CHEESE, CHEF'S CHOICE
 VARIETY TOPPINGS
 MILK

22
 CHICKEN TENDER POOR BOY,
 PESTO AIOLI
 WHOLE WHEAT FRENCH ROLL
 CHEDDAR CORN CHOWDER SOUP
 TOSSED GARDEN SALAD
 COTTAGE CHEESE, PINEAPPLE TID BITS
 VARIETY TOPPINGS
 MILK

23
 DEVILED EGG SALAD
 WHOLE WHEAT FRENCH ROLL
 TOMATO FLORENTINE SOUP
 TOSSED GARDEN SALAD
 COTTAGE CHEESE, CRANBERRY APPLE SAUCE
 VARIETY TOPPINGS
 MILK

24

27

28
 CHICKEN SALAD ON
 WHOLE WHEAT SANDWICH BUN
 SPLIT PEA SOUP
 TOSSED GARDEN SALAD
 COTTAGE CHEESE, SLICED PEACHES
 VARIETY TOPPINGS
 MILK

29
 TURKEY CHEDDAR SANDWICH
 WHOLE WHEAT SANDWICH BUN
 CREAM OF CAULIFLOWER SOUP
 TOSSED GARDEN SALAD
 COTTAGE CHEESE, FRUIT JELLO
 VARIETY TOPPINGS
 MILK

30
 BACON AND SPINACH QUICHE
 WHOLE WHEAT ROLL
 VEGETABLE GUMBO SOUP
 TOSSED GARDEN SALAD
 COTTAGE CHEESE, FRUIT YOGURT
 VARIETY TOPPINGS
 MILK

31