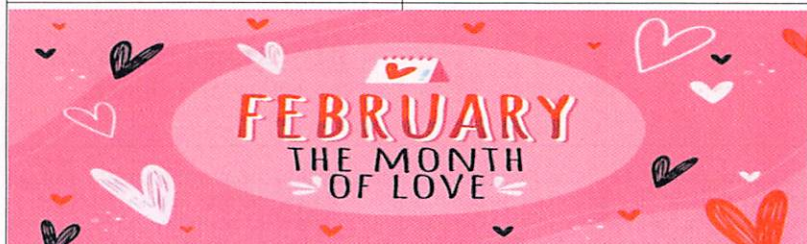




Monday	Tuesday	Wednesday	Thursday	Friday
<p>3. <u>KFC \$6.00</u> Famous Bowl Coleslaw Chocolate Cake Fruit</p>	<p>4. <u>FRESH BAR \$4.50</u> Cheeseburger Whole Wheat Bun Tomato Soup Tossed Garden Salad Cottage Cheese Sliced Pears</p>	<p>5. Salisbury Steak w/ Gravy Mashed Potatoes Corn Whole Wheat Roll Pineapple Tidbits</p>	<p>6. Hot Dog Oven Fries Bean Casserole Whole Wheat Hot Dog Bun Banana Fresh Melon</p>	<p>7. <u>Qdoba \$6.00</u> Chicken Queso Bowl (Grilled Chicken, Cilantro Lime Rice, Black Beans, 3- Cheese Queso, Pico De Gallo, Chile Corn Salsa, Shredded Cheese) Fruit</p>
<p>10. <u>Nana's Hot Dog's \$6.00</u> Cheeseburger (Tomato, Onion & Pickle) Chicken Noodle Soup Chips Fruit</p>	<p>11. <u>FRESH BAR \$4.50</u> Stuffed Green Pepper Whole Wheat Roll Lumberjack Soup Tossed Garden Salad, Cottage Cheese Fruit Cup</p>	<p>12. Hamburger German Potato Salad Green Beans Whole Wheat Bun Applesauce</p>	<p>13. Chicken Vesuvio Mashed Potatoes Cauliflower & Red Peppers Multi-Grain Bread Mandarin Oranges Chef's Choice</p>	<p>14. <u>Rosati's \$6.00</u> Breaded Chicken Breast Sandwich (Lettuce, Tomato & Onion) Chicken & Dumpling Soup Fruit</p>
<p>17. Barn Closed! President's Day!</p>	<p>18. <u>FRESH BAR \$4.50</u> BLT Chicken Salad Sandwich Wheat Sandwich Bun Cream of Potato Soup, Tossed Garden Salad, Cottage Cheese, Whole Apple Tri Bean Salad</p>	<p>19. Roast Turkey w/ Cheddar Ale Sauce Vegetable Rice Pilaf Broccoli Biscuit Chef's Fruit Oatmeal Raisin Cookie</p>	<p>20. Western Eggs Hashed Brown Potatoes Maple Glazed Pears Raisin Bread Banana Cranberry Juice</p>	<p>21. <u>Alden Poplar Creek \$4.00</u> Hearty Vegetable Soup Chicken Salad on a Croissant Grandma's Potato Salad Creamy Hawaiian Coleslaw Fresh Fruit Cup</p>
<p>24. <u>Sweet Orange \$6.00</u> Rueben Sandwich (Swiss cheese, sauerkraut, and corned beef brisket on rye toast.) Cream of Potato Soup Fruit</p>	<p>25. <u>FRESH BAR \$4.50</u> Chicago Style Hot Dog Whole Wheat Hot Dog Bun Tomato Lentil Soup Tossed Garden Salad Cottage Cheese Chocolate Pudding</p>	<p>26. Texas Chili Mac & Cheese Country Blend Vegetables Multi-Grain Bread Fruit Cup</p>	<p>27. Chicken Caesar Salad Mixed Greens & Tomato Tri Bean Salad Wheat Crackers Fruit Cup</p>	<p>28. Baked Pollack Piccata Baked Potato California Blend Multi-Grain Bread Lemon Mandarin Pudding</p>




****Food Orders
are Placed Every
Monday for the
Following Week****

**Lunch Served at Noon
Registration Begins
Monday January
27th**

For your safety, if you cannot eat all of your meal or if you are not ready to eat your meal, **REFRIGERATE IT RIGHT AWAY!** Do not leave it sitting out. Please be safe. Each meal served with fat free or low fat milk.



Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p align="center">Online Registration for meals and activities can be accessed at www.myactivecenter.com</p> <p>Newcomers need to register in person to receive a keytag before online registration can begin. PAYMENTS will continue to be made in-person until further notice. Registration for meals and activities <u>can</u> continue in-person or via phone at 847-524-7496 as prior. Trips and special event registration will continue in person with payment due at sign-up until further notice.</p>					<p>Transportation Options Senior Bus: 847.882.1929 Pace Bus: 847.352.8097</p>
<p align="right">3.</p> <p>Restaurant Day Lunch 10 AM Wellness Clinic 10:30 AM Bake Sale fundraiser to benefit The Meals on Wheels Foundation 11:30 AM Bake Sale Contest</p>	<p align="right">4.</p> <p>Salad Bar Lunch 10:30 AM Bunco Game</p>	<p align="right">5.</p> <p>10:30-11 AM Chair Yoga with Laura</p>	<p align="right">6.</p> <p>10:30 AM Canvas Painting</p>	<p align="right">7.</p> <p>Restaurant Day Lunch 11 AM Cupid Carnival Celebration--Fun Games and Prizes</p> 	<p align="right">8.</p> <p>Social Saturday Catered from Orange Chicken <u>Menu:</u> Beef Chop Suey, fried rice, egg roll, cookie <u>Activities:</u> Games, Bingo, and Raffles. Sponsored by the Rotary Club of Schaumburg and Hoffman Estates \$5.00 Suggested Donation</p>
<p align="right">10.</p> <p>Restaurant Day Lunch 11:30 AM Public Safety Presentation Market day 1:30-3:00 PM  (limited supplies)</p>	<p align="right">11.</p> <p>Salad Bar Lunch 11:00 AM Balloon Volleyball 11:30 AM Homewatch Caregivers with treats</p>	<p align="right">12.</p> <p>10-10:30 AM Zumba with Josi 10:30 AM Crochet Group</p>	<p align="right">13.</p> <p>10:30 AM 31 Card Game</p>	<p align="right">14.</p> <p>Restaurant Day Lunch  Valentine's Day Party 10:30 AM Sweet and Savory Potluck Treat Table 11 AM Entertainment by Soundz of Time</p>	
<p align="right">17.</p> <p align="center">Barn Closed for President's Day</p>	<p align="right">18.</p> <p>Salad Bar Lunch 10:30 AM LRC Game 1:45 PM Senior Advisory Council Meeting</p>	<p align="right">19.</p> <p>10:30-11 AM Chair Yoga with Laura</p>	<p align="right">20.</p> <p>10:30 AM Under the Blanket Card Game</p>	<p align="right">21.</p> <p>Alden Poplar Creek Luncheon \$4.00 10:00 AM Tech Corner</p>	<p>Registration for ALL lunches begins on Monday, January 27</p> <p>In order to participate in any Barn activities you must be signed up for lunch. Visit the Barn Webpage: www.schaumburg.com/thebarn</p> <p>BINGO will be played everyday after lunch.</p>
<p align="right">24.</p> <p>Restaurant Day Lunch Market Day 1:30-3:00 PM  (limited supplies)</p>	<p align="right">25.</p> <p>Salad Bar Lunch 10:30 AM Pokeno Game</p>	<p align="right">26.</p> <p>10-10:30 AM Zumba with Josi 10:30 AM Crochet Group 11:45 AM Tower Hill presentation with treats</p>	<p align="right">27.</p> <p>10-11AM 5 minute Chair Massage with Jennifer (massage by lottery on day of) 10:30 AM Themed Brain Games</p>	<p align="right">28.</p> <p>10:00 AM Wii Bowling Game</p>	