




| Monday  | Tuesday  | Wednesday  | Thursday   | Friday   |
|---|--|--|--|--|
| <p>For your safety, if you cannot eat all of your meal or if you are not ready to eat your meal, <b>REFRIGERATE IT RIGHT AWAY!</b> Do not leave it sitting out. Please be safe. Each meal served with fat free or skim milk</p> | <p>Spaghetti &amp; Meatball Marinara<br/>Broccoli<br/>Wheat Vienna<br/>Chilled Peaches</p>                                 | <p>1. Closed</p>                                       | <p>2. Chicken Vesuvio<br/>Mashed Potatoes<br/>Cauliflower &amp; Red Peppers<br/>Wheat Bread<br/>Mandarin Oranges</p>   | <p>3. Citrus Alaskan Pollock<br/>Vegetable Rice Pilaf<br/>Country Blend Vegetables<br/>Multigrain Dinner Roll<br/>Chick Pea Salad<br/>Fresh Melon</p>          |
| <p>6. Hot Roast Beef<br/>Mashed Potatoes w/Gravy<br/>Peas &amp; Carrots<br/>Wheat Bread<br/>Fresh Orange</p>  | <p>7. BBQ Riblet<br/>Oven Fries<br/>Black Beans &amp; Corn<br/>Wheat Sandwich Bun<br/>Whole Apple</p>                      | <p>8. Roast Turkey w/Cheddar<br/>Ale Sauce<br/>Vegetable Rice Pilaf<br/>Broccoli<br/>Biscuit, Chef's Fruit<br/>Oatmeal Raisin Cookie</p> | <p>9. Western Eggs<br/>Hash Browned Potatoes<br/>Maple Glazed Pears<br/>Raisin Bread<br/>Cranberry Juice<br/>Banana</p>  | <p>10. Chicken Breast Parmesan<br/>Penne Pasta w/Marinara<br/>Squash Medley<br/>Wheat Vienna Bread<br/>Chilled Peaches</p>                                     |
| <p>13. Bavarian Bratwurst<br/>Diced Parslied Potatoes<br/>Carrots<br/>Rye Bread<br/>Fresh Melon</p>   | <p>14. Chicken Chardonnay<br/>Mashed Potatoes<br/>Broccoli<br/>Multigrain Bread<br/>Fresh Orange<br/>Chocolate Pudding</p> | <p>15. Texas Chili<br/>Mac &amp; Cheese<br/>Country Blend Vegetables<br/>Multigrain Bread<br/>Fruit Cup</p>                              | <p>16. Veal Marsala<br/>Scalloped Potatoes<br/>Stewed Tomatoes<br/>Multigrain Bread<br/>Chilled Pears<br/>Beet Salad</p>   | <p>17. Baked Pollock Piccata<br/>Baked Potato<br/>California Blend Vegetables<br/>Wheat Bread<br/>Lemon Mandarin Pudding</p>                                   |
| <p>20. Closed</p>   | <p>21. Turkey Pot Roast w/Gravy<br/>Baked Potato<br/>Peas &amp; Carrots<br/>Multigrain Bread<br/>Chef's Fruit, Banana</p>  | <p>22. Spaghetti &amp; Meatball<br/>Marinara<br/>Broccoli<br/>Wheat Vienna Bread<br/>Chilled Peaches</p>                                 | <p>23. Chicken Tenders in Country<br/>Chicken Gravy<br/>Bread Stuffing<br/>Mashed Sweet Potatoes<br/>Northern Bean &amp; Tomato<br/>Medley, Apple, Pea Salad</p> | <p>24. Surimi Crab Alfredo<br/>Penne Pasta<br/>Zucchini w/Red Peppers &amp;<br/>Onions, Chef's Choice<br/>Vegetable, Multigrain Dinner<br/>Roll, Fruit Cup</p> |
| <p>27. Baked Meatloaf<br/>w/Country Gravy<br/>Cauliflower Mashed Potatoes<br/>Mixed Vegetables<br/>Whole Wheat Roll<br/>Pineapple Tidbits</p>   | <p>28. BBQ Pulled Pork<br/>Oven Fries<br/>Carrot Raisin Salad<br/>Wheat Sandwich Bun<br/>Warm Apple Crumble</p>            | <p>29. Miso Glazed Chicken<br/>Thigh<br/>Scalloped Potatoes<br/>Baked Bean Casserole<br/>Wheat Bread, Fruit Jello</p>                    | <p>30. Cheese Omelette<br/>Hash Browned Potatoes<br/>Whole Wheat Biscuit<br/>Apple Juice<br/>Fruit Yogurt<br/>Fresh Orange</p>                                   | <p>31. Swedish Meatballs<br/>w/Gravy<br/>Mashed Potatoes<br/>Broccoli<br/>Multigrain Bread<br/>Fresh Melon</p>   |

Donation \$4.00 per meal