

**CNN Home Delivered  
Meal Program  
1700 Newton Place  
Morris, IL 60450**

**February 2025**

*Days: Mondays-Fridays  
Times: 8:00am-3:00 pm  
Phone: (815)941-1590*

*Patty Strahan Nutrition Director*






**Community Nutrition Network  
& Senior Services Association**



Funding in part is provided by Age Guide and United Way of Grundy County



This menu is approved for use by Georgis title III C Nutrition Sites. K. Leicht, RD LDN MBA

Monday	Tuesday	Wednesday	Thursday	Friday
<p><b>Please Note:</b> <b>We are not able to leave food in coolers or on your porch. You must be home to receive it. If you are not going to be home please let us know.</b></p>	<p>If you have any questions or problems please call our office at 1-815-941-1590.</p>			
<p>3. ROAST PORK &amp; GRAVY AU GRATIN POTATOES PEAS &amp; CARROTS WHEAT BREAD WHOLE APPLE Milk or juice</p>	<p>4. CHEDDAR BROCCOLI CHICKEN RICE CASSEROLE CAULIFLOWER WHOLE WHEAT ROLL WARM PEAR CRANBERRY CRUMBLE Milk or juice</p>	<p>5. SALISBURY STEAK/GRAVY MASHED POTATOES CORN MULTI-GRAIN DINNER ROLL PINEAPPLE TIDBITS Milk or juice</p>	<p>6. HOT DOG OVEN FRIES BEAN CASSEROLE WHEAT HOT DOG BUN BANANA Milk or juice</p>	<p>7. CLASSIC LASAGNA W/ MEAT SAUCE BROCCOLI CHEF'S CHOICE VEGETABLE WHEAT BREAD OATMEAL RAISIN COOKIE Milk or juice</p>
<p>10. ROAST TURKEY &amp; GRAVY BAKED SWEET POTATOES MIXED VEGETABLES BREAD STUFFING CHEF'S FRUIT Milk or juice</p>	<p>11. SPAGHETTI &amp; MEATBALL MARINARA MIXED SALAD GREENS MULTI GRAIN BREAD WARM PEACH COBBLER Milk or juice</p>	<p>12. HAMBURGER GERMAN POTATO SALAD GREEN BEANS WHEAT SANDWICH BUN APPLE SAUCE Milk or juice</p>	<p>13. BAKED CHICKEN VESUVIO MASHED POTATOES CAULIFLOWER &amp; RED PEPPERS WHEAT BREAD MANDARIN ORANGES Milk or Juice</p>	<p>14. CITRUS ALASKAN POLLOCK VEGETABLE RICE PILAF COUNTRY BLEND VEGETABLE MULTI GRAIN DINNER ROLL CHICK PEA SALAD FRESH MELON Milk or juice</p>
<p>17. HOT ROAST BEEF MASHED POTATOES/GRAVY PEAS &amp; CARROTS WHEAT BREAD FRESH ORANGE Milk or juice <b>Site Closed for Washington's Birthday/Presidents Day</b></p>	<p>18. BBQ RIBLET OVEN FRIES BLACK BEANS &amp; CORN WHEAT SANDWICH BUN WHOLE APPLE Milk or juice</p>	<p>19. ROAST TURKEY W/ CHEDDAR ALE SAUCE VEGETABLE RICE PILAF BROCCOLI BISCUIT CHEF'S FRUIT OATMEAL RAISIN COOKIE Milk or juice</p>	<p>20. WESTERN EGGS HASH BROWNEED POTATOES MAPLE GLAZED PEARS RAISIN BREAD CRANBERRY JUICE BANANA Milk or juice</p>	<p>21. CHICKEN BREAST PARMESAN PENNE PASTA / MARINARA SQUASH MEDLEY WHEAT VIENNA CHILLED PEACHES Milk or juice</p>
<p>24. BAVARIAN STYLE BRATWURST DICED PARSLED POTATOES CARROTS RYE BREAD FRESH MELON Milk or juice</p>	<p>25. CHICKEN CHARDONNAY MASHED POTATOES BROCCOLI MULTI GRAIN BREAD FRESH ORANGE CHOCOLATE PUDDING Milk or juice</p>	<p>26. TEXAS CHILI MAC &amp; CHEESE COUNTRY BLEND VEGETABLE MULTI GRAIN BREAD FRUIT CUP Milk or juice</p>	<p>27. VEAL MARSALA SCALLOPED POTATOES STEWED TOMATOES MULTI GRAIN BREAD CHILLED PEARS Milk or juice</p>	<p>28. BAKED POLLOCK PICCATO BAKED POTATO CALIFORNIA BLEND WHEAT BREAD LEMON MANDARIN PUDDING Milk or juice</p>

**Menu subject to change due to availability of items.** For your safety, if you cannot eat all of your meal or if you are not ready to eat your meal when it is delivered: REFRIGERATE IT RIGHT AWAY!! Do not leave it sitting out!!! Remove meal from the freezer and follow the cooking instructions provided. If it has been refrigerated, it will not take as long. This menu is subject to change.

Community Nutrition Network, Inc. does not discriminate in admission to programs or treatment of the employment in the programs or activities in the compliance with the Illinois Human Rights Act; the U.S. Civil Rights Act; Section 504 of the Rehabilitation Act; the Age Discrimination in Employment Act; and the U.S. and Illinois Constitutions. If you feel you have been discriminated against, you have the right to file a complaint with the Illinois Department of Aging. For information, call 1-800-252-8966 [voice & TDD] or contact the Director of Personnel at [312] 207-5444.

All meals are a suggested  
donation of \$4.75

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### **Meal Heating Instructions**

**Conventional Oven:**

From frozen, heat in a pre-heated 350 Degree oven for 20-30 minutes or until heated through.

**Microwave Oven:**

Take meal and heat 3-7 minutes depending on your microwave. No need to poke a hole.

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