

Beecher Center/Meals on
Wheels
908 Game Farm Road
Yorkville, IL. 60560

Days: *Mondays-Fridays*
Times: *7:00am-1:00pm*
Phone: *630-553-2316*



**Community Nutrition Network
& Senior Services Association**



February 2025

Nutrition Director/Louise Maritato

| Monday | Tuesday | Wednesday | Thursday | Friday |
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| 3 Roast Pork & Gravy, Au Gratin Potatoes, Peas & Carrots, Multi Grain Bread, Whole Apple, Milk | 4 Cheddar Broccoli Chicken Rice Casserole, Cauliflower, Whole Wheat Roll, Warm Pear & Cranberry Crumble, Milk | 5 Salsbury Steak/ Gravy, Mashed Potatoes, Corn, Whole Wheat Roll, Pineapple Tidbits, Milk | 6 Hot Dog, Oven Fries, Bean Casserole, Whole Wheat Hot Dog Bun, Banana, Milk | 7 Classic Lasagna w/ Meat Sauce, Broccoli, Chef's Choice Vegetable, Multi Grain Bread, Oatmeal Raisin Cookie, , Milk |
| 10 Roast Turkey & Gravy, Baked Sweet Potatoes, Mixed Vegetables, Bread Stuffing, Chef's Fruit, Milk | 11 Spaghetti & Meatball Marinara, Mixed Salad Greens, Multi Grain Bread, Warm Peach Cobbler, Milk | 12 Hamburger, German Potato Salad, Green Beans, Whole Wheat Hamburger Bun, Apple Sauce, Milk | 13 Chicken Vesuvio, Mashed Potatoes, Cauliflower & Red Peppers, Multi Grain Bread, Mandarin Oranges, Milk | 14 Citrus Alaskan Pollock, Vegetable Rice Pilaf, Country Blend Vegetable, Whole Wheat Roll, Chick Pea Salad, Fresh Melon, Milk |
| 17 Closed for Presidents Day | 18 BBQ Riblet, Oven Fries, Black Beans & Corn, Whole Wheat Sandwich Bun, Whole Apple, Milk | 19 Roast Turkey w/ Cheddar Ale Sauce, Vegetable Rice Pilaf, Broccoli, Whole Wheat Biscuit, Chef's Fruit, Oatmeal Raisin Cookie, Milk | 20 Western Eggs, Hashed Brown Potatoes, Maple Glazed Pears, Raisin Bread, Cranberry Juice, Banana, Milk | 21 Chicken Breast Parmesan, Penne Pasta/Marinara, Squash Medley, Whole Wheat Vienna, Chilled Peaches, Milk |
| 24 Bavarian Bratwurst, Diced Parslied Potatoes, Carrots, Rye Bread, Fresh Melon, Milk | 25 Chicken Chardonnay, Mashed Potatoes, Multi Grain Bread, Fresh Orange, Chocolate Pudding, Milk | 26 Texas Chili, Mac & Cheese, Country Blend Vegetables, Multi Grain Bread, Fruit Cup, Milk | 27 Veal Marsala, Scalloped Potatoes, Stewed Tomatoes, Multi Grain Bread, Chilled Pears, Milk | 28 Baked Pollock Piccata, Baked Potato, California Blend, Multi Grain Bread, Lemon Mandarin Pudding, Milk |
| | | | <i>Remove meal from the freezer or refrigerator Punch a few holes in the clear cover with a fork. Leave the cover on the food. Set microwave to defrost for 2-4 minutes, then full power for 3-5 minutes. If it has been refrigerated, it will not take as lon</i> | For your safety, if you cannot finish your meal, or your not ready to eat your meal at delivery time. Refrigerate Immediate Suggested Donation \$5.00 |

Menu subject to change due to availability of items. Funding in part is provided by Age Guide Area on Aging