LOCKPORT
1463 S FARRELL ROAD
LOCKPORT IL
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AUGUST 2026 MENU

Meals on Wheels FOR NORTHERN ILLINOIS
COMMUNITY & NUTRITION SERVICES FOR SENIORS

Site Manager: VICKI GELFO
Service Days: MON-FRI
Service Hours: 8am-12:30pm
Suggested Donation: $5

Monday	Tuesday	Wednesday	Thursday	Friday
3	**4**	**5**	**6**	**7**
Meatball Marinara Sub Sandwich Potatoes Italiano Italian Green Beans Whole Wheat French Roll Whole Orange	Salisbury Steak Beef Gravy Mashed Potatoes Cabbage and Carrots Multi-Grain Bread Fresh Melon Oatmeal Raisin Cookie	Pepperoni Pizza Calzone Broccoli Sicilian Blend Vegetables Mixed Salad Greens Mixed Fruit Dressing, Italian Marinara Dipping Sauce	Lemon Basis Chicken Lemon Basil Cream Sauce Garden Vegetables Corn and Black Beans Multi-Grain Dinner Roll Applesauce Margarine Cup	Roasted Turkey and Cheddar Sandwich w/Lettuce and Tomato Pea Salad Pineapple Tidbits Mayo Packet Mustard Packet Whole Wheat Kaiser Roll
10	**11**	**12**	**13**	**14**
Chicken ala Orange Orange Sauce Brown Rice Vegetable Pilaf Great Northern Beans Raisin Bran Muffin Chilled Peaches	French Dip Of Beef Oven Fries Sweet Corn Whole Wheat French Roll Whole Apple	Classic Lasagna with Meat Sauce Squash Medley Italian Green Beans Whole Wheat Vienna Roll Margarine Chilled Pears	Surimi Crab Salad Mixed Salad Greens Tomato Wedges Cucumber Salad Multi-Grain Dinner Roll Fruit Cup	All Beef Hot Dog Whole Wheat Hot Dog Bun Twice Baked Potato Casserole Peas and Crrots Banana Ketchup, Mustard, Relish
17	**18**	**19**	**20**	**21**
BBQ Riblet Mashed Sweet Potato Chef Choice Vegetable Whole Wheat Sandwich Bun Strawberry Yogurt	Hamburger Baked Bean Casserole Mixed Vegetables Whole Wheat Hamburger Bun Lettuce and Tomato Mandarin Orange Jello	BLT Chicken Salad Mixed Salad Greens Tomato Wedges Tri Bean Salad Cornbread Mandarin Oranges Margarine	Spaghetti and Meatballs Capri Vegetables Whole Wheat Vienna Bread Margaring Cup Chilled Pears	Baked Pollack Bella Vista Red Skin Potatoes California Vegetables Multi-Grain Dinner Roll Margarin Whole Apple
24	**25**	**26**	**27**	**28**
Baked Meatloaf w/Country Gravy Mashed Potatoes Stewed Tomatoes Multi-Grain Bread Margarine Cup Whole Orange	Eggs with Whole Wheat Biscuit and Turkey Sausage Gravy Diced Hash Brown Potatoes Warm Apple Cobbler Juice Banana	Slow Roasted Beef Au Gratin Potatoes Carrots and Chives Multi-Grain Dinner Roll Margarine Cup Mixed Fruit	Asian Glazed Chicken Citrus Brown Rice Broccoli Multi-Grain Bread Margarine Cup Mandarin Orange Jello Fortune Cookie	Turkey Pasta Salad Lettuce and Tomato Tri Bean Salad Multi-Grain Cranberry Roll Margarin Cup Pineapple Tidbits
31				
Prime Rib of Pork Pork Gravy Baked Potato Parslied CauliflowerMarble Rye Bread Margarin Cup Mixed Fruit				

MENU SUBJECT TO CHANGE DUE TO AVAILABILTY OF ITEMS

AgeGuide NORTHEASTERN ILLINOIS

Funding is provided in whole or in part by AgeGuide Northeastern Illinois, and the Illinois Department on Aging through the Older Americans Act. Meals on Wheels for Northern Illinois does not discriminate based on race, color, national origin, age, disability, sex, gender identity, sexual orientation, religion, or any protected status. Reasonable accommodations and language assistance are available upon request.

For your safety, if you cannot eat all of your meal or if you are not ready to eat your meal, **REFRIGERATE IT RIGHT AWAY!** Do not leave it sitting out.

Each meal is served with milk.