Site Franklin Park
Address 10040 Addison St
City, State Zip: Franklin Park Il 60131
Phone:847/678-8777

October 2026 Café Menu

Meals on Wheels FOR NORTHERN ILLINOIS
COMMUNITY & NUTRITION SERVICES FOR SENIORS

Cafe Manager: Lupe Borjon
Cafe Days: Monday -Friday
Times: 8:00am -2:00pm
Suggested Donation: $3.50

Monday	Tuesday	Wednesday	Thursday	Friday
			1	2
Bingo is available to our Lunch Guests	No More meals to Go		Spaghetti and Meatballs w/Marinara Capri Blen Vegetables Whole Wheat Vienna Bread Chilled Pears	Baked Pollock Bella Vista Red Skin Potaotes California Vegetables Multi- Grain Dinner Roll Whole Apple
5	6	7	8	Restaurant Day 9
Roast Pork &Gravy Au gratin Potatoes Peas & Carrots Multi-Grain Bread Whole Apple	Chicken and Kale Soup Baked Sweet Potato Italian Green Beans Cranberry Roll Chilled Peaches Pea salad	Salisbury Steak /Gravy Mashed Potatoes Corn Whole Wheat Roll Pineapple TidBits	Cheeseburger Whole wheat Hamburger Cream of Spinach Tossed Garden Salad Banana, Cottage cheese Potato Salad	Pizza Salad Dessert
12	13	14	Restaurant Day 15	16
Closed Indigenous People Day	Polish Sausage Sauteed Onion Whole wheat Sausage roll Lumberjack Soup Tossed Garden Salad, Orange Cottage cheese, cookie	Hamburger German Potato salad Green Beans Whole Wheat Roll Hamburger Bun Apple Sauce	Wendys Chili Baked Potato Dessert	Stuffed Cabbage Roll Marinara Sauce ,Strawberry Yogurt Whole Wheat Roll Butter Squash Soup Tossed Garden salad, Fresh melon
19	20	21	22	23
Cheddar Broccoli Chicken casserole Cauliflower Multi-Grain Bread Warm Pear and Cranberry crumb	BBQ Riblet Oven Fries Broccoli Whole Wheat Sandwcih Bun Whole apple, Chick Pea salad	Chicken Tortilla Soup Spanish Brown Rice Black Beans and corn Tortilla Strips Oatmeal Raisin Cookie Fruit	Western Eggs Hash Browned Potatoes Maple Glazed Pears Raisin Bread Cranberry Juice Banana	Hot Roast Beef Mashed Potatoes /Gravy Peas & Carrots Multi grian Bread Fresh Orange
26		28	29	Restaurant Day 30
Bavarian Bratwurst Diced Parslied Potatoes Carrots Rye Bread Fresh Melon	Stuffed Green Pepper Marinara sauce Bean Soup Tossed Garden Salad Cottage cheese Orange, Chocolate Pudding	Texas Chili Mac & cheese Country Blend Vegetables Cornbread Fruit Cup	Veal Marsala Scalloped Potatoes Stewed Tomatoes Multi grain Bread Chilled Pears Beet Salad	Sloppy Joe Bag of chips Closlaw Chocolate Pudding

MENU SUBJECT TO CHANGE DUE TO AVAILABILTY OF ITEMS

AGEOPTIONS

Funding is provided in whole or in part by AgeGuide Northeastern Illinois, and the Illinois Department on Aging through the Older Americans Act. Meals on Wheels for Northern Illinois does not discriminate based on race, color, national origin, age, disability, sex, gender identity, sexual orientation, religion, or any protected status. Reasonable accommodations and language assistance are available upon request.

For your safety, if you cannot eat all of your meal or if you are not ready to eat your meal, **REFRIGERATE IT RIGHT AWAY!** Do not leave it sitting out.

Each meal is served with milk.